

PARANORMAL UNDERGROUND®

Volume 12, Issue 9

September 2019



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LEAP CASTLE**

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What Are They?

**GHOSTS OF
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Karen holds a bachelor's and master's in metaphysical science from the University of Metaphysics and a Ph.D. in metaphysical parapsychology from the University of Sedona. She is an ordained minister/metaphysical practitioner with the International Metaphysical Ministry and a Usui Reiki Master/Teacher. She has completed courses in energy healing, including quantum touch, crystal healing, sound healing, and aromatherapy.

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www.amazon.com/Ghosts-Me-Kevin-Killen/dp/B07SXKBH83

CHERYL KNIGHT-WILSON

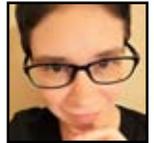
Cheryl is co-creator and editor-in-chief of *Paranormal Underground* magazine and producer of *Paranormal Underground Radio*. She has more than 25 years of experience as a professional writer and editor and has published hundreds of articles on topics ranging from advanced technology to paranormal investigation.



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Morgan is a graduate from the University of North Carolina in Greensboro where she obtained a bachelor's degree in English. She loves to write and maintains a healthy fascination with all things paranormal thanks to experiences with the unexplained that she has experienced throughout her life.



Morgan knows a little bit about a lot of paranormal topics from research she has conducted. She pledges to keep you up to date about things that go bump in the night via *Paranormal Underground's* monthly news column.

ATHENA PERRAKIS, PH.D.

Athena is the founder and CEO of SageGoddess.com, a source of sacred tools and metaphysical education. She earned a doctorate from the University of Southern California in educational leadership and has 15 years of experience as a professor, corporate trainer and consultant, and educator. Athena's metaphysical experience spans more than 30 years and includes expertise in gemology, astrology, tarot, aromatherapy, reiki, and herbal medicine.



Through her writing, online courses, and material offerings, Athena helps others cultivate and maintain sacred space in their lives for peace, healing, and abundance. Her guiding philosophy is that those who develop and maintain a consistent and sustainable spiritual practice — one that aligns with their cultural values and spiritual beliefs — will enjoy a longer, healthier, and happier life.

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Michelle is a *New York Times* and *USA Today* bestselling author writing in many fiction genres, including the Dragon-Shifter series *Dragon Lords* and *Captured by a Dragon-Shifter* and the mischievously magical *Warlocks MacGregor*. A skeptical believer, she has a fascination with anything paranormal.



Michelle loves to travel and try new things, whether it's a paranormal investigation of an old Vaudeville theater or climbing Mayan temples in Belize. She has a BGS in history/business with an English minor and a photography degree. She is the co-owner of www.TheRavenBooks.com.

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Shannon is an editorial intern at Open Road Integrated Media Inc. She is currently studying English, journalism, creative writing, and American studies at Boston College. A Long Island native, she loves the beach, Italian ices, bagels, and pizza. When she's not reading, she can be found watching reality TV – most likely *The Real Housewives of Any City*.

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Known as an esoteric detective, Paul has been reading and studying the unknown since he was a young boy. He has been to over 59 countries to document the paranormal. He worked for military intelligence from 1979 to 1986 and saw several top-secret UFO photographs, making him very interested in extraterrestrials.

Paul is a journalist for the Costa Rican Times, and his articles reflect on metaphysical topics and paranormal investigative stories. Paul is co-owner of Halo Paranormal Investigations.

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J-ADAM SMITH

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T Stokes is a holistic palmist and the author of the book *50 Case Studies in Modern Palmistry*. He trained with mediums Doris Collins and Doris Stokes and psychiatrists Henri Rey and Joyce McDougall. He was the first UK lecturer on paraspiritual studies, metaphysics, and eschatology. He is now retired and is an occasional consultant.

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Thiago Luiz has been a part of UFO Magazine Brazil since 1997, where he started as a volunteer translator and became a consultant, international coordinator, and currently co-editor. Since 2018 he has held the position of president of the Brazilian Commission of Ufologists. In 2017, he was appointed as assistant to the international director of MUFON in Brazil and a MUFON certified international field researcher. He is the author of several books, including *UFO Contacts in Brazil*.

www.amazon.com/CONTACTS-BRAZIL-Thiago-Luiz-Ticchetti/dp/1796291986



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Maria Anna is an investigative journalist, columnist, author, radio correspondent, and theoretical physicist with a master's degree in ancient alchemy and bachelor's degree in metaphysics. Her interests include mythology, medieval and pre-Egyptian symbolism, and quantum, optical, particle, and astroparticle physics, among others.

As the founder and owner of *The Next Truth Magazine*, Maria Anna profiles open-minded scientists and non-scientists who combine accepted science and the still-unexplained events in life within their work and research.

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Freelance writer, Chad is co-creator and publisher of *Paranormal Underground* magazine and co-producer of *Paranormal Underground Radio*. His interest in the paranormal led to the creation of www.ParanormalUnderground.net.

Chad has investigated with East Tennessee Paranormal Research Society and counts Waverly Hills Sanatorium, the Villisca Axe Murder House, Bobby Mackey's Music World, the Queen Mary, Queen Anne Hotel, Hotel Alex Johnson, and private residences among his investigations.

www.paranormalunderground.net ♦



Have You Had a Paranormal Encounter You'd Like to Share?

If you've had a paranormal encounter and would like to share it with our readers, email us at paranormalunderground@live.com.

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Paranormal Underground Unveils New Podcast:

'INTENTION IS EVERYTHING'

Paranormal Underground Radio aired more than 300 episodes over eight years. And while we had a lot of fun with the show, we decided to go on hiatus at the end of 2017 to take some much-needed R&R. I'm excited to announce that we'll be airing a new podcast starting October 15, called "Intention Is Everything."

While we still plan on airing some paranormal content occasionally, the new podcast will focus on metaphysical topics, including intention and energy healing.

Paranormal Underground writer and radio host Karen Frazier will host the podcast, along with our editor Cheryl Knight. Karen recently answered a few questions about the new podcast ...



**Chad Wilson,
Publisher**

Karen: Living with intention allows you to be the conscious creator of your life instead of reacting to everything that seems to be "happening to you." It's a shift from unconscious living to conscious living, and it's life changing.

Q: What types of topics will you talk about on the show?

Karen: I suspect we'll roam far and wide in topics. We'll discuss things related to energy healing, metaphysical practices, feng shui, and more. It's my goal to share inspiring and empowering stories that give people practical ideas for living more intentionally in their own lives.

It's my goal to have people from all walks of life

who have something to say and share with others. Sharing our truths and our stories is a powerful way to help others find healing and more joy in their lives.

Q: Anything else you want to share?

Karen: I loved doing the *Paranormal Underground Radio* show for so many years with Cheryl, Rick Hale, and Chuck Gotski. When Cheryl and I started discussing doing a new podcast, I wanted it to be tangentially related but completely different, and since energy healing and metaphysics is both my passion and my life's work, this seemed ideal.

Please get in touch (paranormalunderground@live.com) if you have an idea, an author you love, an inspiring story, or just something you'd like to share or hear on the podcast.

The "Intention Is Everything" podcast will air every two weeks starting October 15 on iTunes and Podbean. ♦

Q: Why did you want to do a podcast on metaphysical topics?

Karen: Metaphysical topics are my passion, and it's something I want to share with others. I believe that in sharing stories of empowerment through metaphysical practices, it can change lives.

Q: Why is the podcast called "Intention Is Everything"?

Karen: "Intention Is Everything" is something I say in almost everything I write or talk about. Intention is so important in creating empowered lives, and I wanted this podcast to help people see how intentional living manifests in the lives of our guests so they're inspired to try to bring more intention into their own lives.

Q: What's most important thing for people to know about living with intention?

October 4-5

Greater New England UFO Conference
Leominster City Hall
Leominster, Massachusetts
www.facebook.com/events/leominster-city-hall/greater-new-england-ufo-conference-2019/1138813139590636

October 4-5

Honobia Bigfoot Festival and Conference
Kiamichi Mountains Christian Mission Grounds
Honobia, Oklahoma
www.honobiabigfoot.com

October 4-6

SC Bigfoot Conference
Myrtle Beach State Park
Myrtle Beach, South Carolina
www.scbigfootconference.com

October 5

Girl Scout Ghost Hunting Patch Event
Market Square
Knoxville, Tennessee
<https://hauntedknoxville.net/girl-scouts-program>

October 5-6

Gift of Light Expo
Franklin County Fairgrounds
Columbus, Ohio
www.giftoflightexpo.com

October 11

"Nightmare on the Tracks" Ghost Hunt
Historic Southern Railway Station
Knoxville, Tennessee
<https://hauntedknoxville.net/nightmare-on-the-tracks>

October 11-12

Little Traverse Bay Parafest
The Terrace Inn
Petoskey, Michigan
www.littletraversebayparafest.webs.com

October 12

Chautauqua Lake Bigfoot Expo
Chautauqua Lake
Chautauqua Lake, New York
www.chautauqualakebigfootexpo.com



October 12-13

"Poltergeist" (1982) Screening at Central Cinema (sponsored by Haunted Knoxville Ghost Tours)
36 Market Square, Knoxville, TN
www.facebook.com/events/2454627721290875

October 18-19

Texas Bigfoot Conference
Jefferson Tourism and Visitor Center
Jefferson, Texas
<https://www.facebook.com/events/1089369057905059/>

October 18-20

Central PA-ranormal Convention
The Pajama Factory
Williamsport, Pennsylvania
<http://centralparacon.weebly.com/>

October 25

"Nightmare on the Tracks" Ghost Hunt
Historic Southern Railway Station
Knoxville, Tennessee
<https://hauntedknoxville.net/nightmare-on-the-tracks>

October 25-27

Tennessee Bigfoot Conference
Bays Mountain Park
Kingsport, Tennessee
<https://www.facebook.com/events/606815053089177/>

November 2

All Souls Day Celebration
Ironmasters Mansion
Gardners, Pennsylvania (Gettysburg)
www.facebook.com/events/334532290825900

E-mail your paranormal event to editor@paranormalunderground.net. ♦

PARANORMAL UNDERGROUND®

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paranormalunderground@live.com

RESTLESS SPIRITS, WEIRD SCIENCE, AND A STRANGE SIGHTING

BY MORGAN LINEBERRY

LOCKED IN

I think we have all questioned if our job is worth the time and money at some point in our life. According to Tim Binnall of *Coast to Coast AM*, this was probably that moment for a group of ghost hunters in Accrington, England, who inexplicably got locked in the cell of an abandoned police station and had to be rescued by firefighters.



The oddest part of this is the fact that “the cell doors were purposely left in a locked position when the police station was decommissioned,” meaning that they should not have been able to unlock and relock at all!

HAUNTED OBJECTS TO CHECK OUT

While haunting is the topic of discussion, Brent Swancer of *Mysterious Universe* gives us a list of some haunted and cursed objects to steer clear from. These include a supposedly haunted wedding dress of Anna Baker, who in the 1800s was not allowed to marry her one true love. The dress is now kept in “Anna’s old house,” which is now a museum, where her spirit is still angry about a wedding that



The Busby stoop chair.

did not happen. There is also a haunted chair found in the Thirsk Museum in the UK. A man named Thomas Busby murdered his father in the chair, and his spirit has not forgotten.

If you can’t visit either of those museums, many more objects are kept in Dana and Greg Newkirk’s Traveling Museum of the Paranormal and the Occult.

ET IN OUR DNA?

While there is no shortage of alien theories, this one is one of the most interesting I’ve read. Running on the concept that aliens have probably visited Earth in the past, Nathan Falde of *Ancient Origins* explains that they may have left evidence “inside the cells of our body – in our DNA.”



It turns out that “researchers believe data revealing the truth about our origins and about our connection to alien life” can be revealed not by space exploration, but by inner exploration.

WATER FOUND IN VOLCANO

Sometimes science can be just as interesting as the paranormal, as Caleb Jones of *Associated Press* proves with this story: “For the first time in recorded history, the presence of water in the crater” of Hawaii’s

All Souls Day Celebration

Ironmasters Mansion

November 2nd

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Rev. Robyne Marie
John J. Higgins
Lea Simpson
Pirate Paranormal

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CHERYL KNIGHT-WILSON

Kilauea volcano was confirmed last week. Scientists plan on collecting samples “so they can determine its composition and possibly better understand what’s happening underground.”



The volcano contains a lava lake that is “about 158 degrees Fahrenheit (70 degrees Celsius).” Where there is water, there is the potential for life, so I am interested to see what they find.

‘BELLE IN THE WELL’ IDENTIFIED

A corpse found “decomposed beyond recognition” in a well in 1981 was the beginning of the “Belle in the Well” urban legend. As Alana Calvert of *Yahoo News* explains, no one knew who the female was or how she ended up in the well for many years.



Now, thanks to the DNA Doe Project’s method, the woman has been identified as Louise Virginia Peterson Fesher, who was murdered at age 60 and thrown in the well. This proves that sometimes humans can be the biggest monsters of all.

WATER BEARS *WHERE?*

It has been confirmed that there is life on the moon ... and humans put it there by accident. According to Daniel Oberhaus of *Wired*, Israel’s lunar lander Beresheet crashed into the moon in April 2019 carrying “thousands of tardigrades, those microscopic ‘water bears’ that can survive pretty much any environment – including space.”



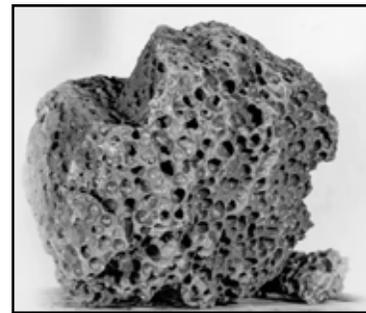
And while the “lunar library” containing the tardigrades and DNA samples may have survived, we are not sure if they are all contained or not.

MUNCHING MOON ROCKS

Spoiler alert: moon rocks are harmless to plants and animals. How do we know? As Meghan Bartels of *Live Science* explains, “NASA fed some of its

precious Apollo 11 lunar samples to cockroaches. And dumped it in fish-bowls. And injected mice with it.”

And while the animal lover in me cringes at an experiment that could have gone horribly wrong, the reason behind it makes sense. “We had to prove that we weren’t going to contaminate” humans or any other creatures.



HONEST MISTAKE

Another *Live Science* story, this time by Wendy Weisberger, proves that science can be weird. In a Connecticut graveyard, there was a 200-year-old grave where a suspected vampire was buried “with his head and limbs piled on top of his ribcage.”



Thanks to science, we now know that the man had tuberculosis. “Infected people often had bloodstains at the corners of their mouths from coughing up blood, and their gums would recede, making their teeth appear longer,” hence the misunderstanding. Oops!

ALIEN RAYS

I do love a good, new cryptid, and thanks to a Feedspot contributor, here is an intriguing one! The witness and some family members and friends were “hanging out” in Miami one night when they saw “a sort of ray-like creature” in the sky. The creature “was about 500 feet up and moving very slowly in the same manner a ray swims, and strangely enough it was gelatin-like and translucent.”



Everyone saw this, and then two smaller ray creatures followed the first. Could this be a ship of some sort or extraterrestrial visiting?

Whatever it was, it sounds amazing! ♦



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opening your mailbox gave
you the chills?**

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CREEPY CRATE
BY THE LINEUP

'POLTERGEIST' (1982)

WHY IT'S A LEGENDARY MOVIE

BY J-ADAM SMITH, THE PARANORMAL HISTORIAN

Hello paranormal enthusiasts! This month's topic is movies that made us cry as a child ... Sorry ... I meant to say movies that gave us the goose bumps as children. I can neither confirm nor deny that I may have been extremely shaken by the movie we will be discussing in this article.

A popular movie and a popular topic this fall season is "Movies That Give Us Goose Bumps," and in this article, we'll take a look at the 1982 classic movie *Poltergeist* – not to be confused with the newer *Poltergeist* movie released in 2015. (In my opinion, the 2015 remake was strife with a poorly portrayed family and absolutely unbelievable investigation techniques. We will leave this right here.)

<< Spoilers Below! >>

If you haven't seen the movie *Poltergeist* (1982), you have missed out on an epic journey of an average California family (the Freelings) that had over-the-top paranormal experiences. The activity seemed to be very connected to their youngest daughter, Carol Anne (played by the late Heather O'Rourke), who was abducted by the spirits who were haunting the home. (*We understand that the abduction concept is a bit crazy, but let's try to overlook that one.*)

We do highly suggest for you to see the movie *Poltergeist II* as well, because it does go into a much more in-depth explanation as to why this child was selected by the spirits in the first place. We will discuss concepts from both those films.

When Carol Anne was abducted, the family behaved exactly as you would have expected for them to behave in the 1980s. Husband and father Steve Freeling (played by Craig T. Nelson) was not open-minded to the unusual



If you haven't seen the movie *Poltergeist* (1982), you have missed out on an epic journey of an average California family (the Freelings) that had over-the-top paranormal experiences.

activity and was extremely hesitant to bring in paranormal investigators, not to mention psychic Tangina (played by the late Zelda Rubinstein), who supposedly had psychic abilities in real life.

Also, be aware that the parents were definitely children of the times, as they seemed to enjoy their magic herb (marijuana) when the children went to bed. I definitely don't suggest that anyone experiencing paranormal phenomena or who are conducting a paranormal investigation to be under the influence of any drugs, whether it is alcohol, marijuana, etc. Those substances can make investigator(s) even more susceptible to spirit attacks.

Now, let's dig into what points grabbed my attention with this ghostly classic.



The paranormal activity at the Freeling home seemed to be connected to their youngest daughter, Carol Anne (played by the late Heather O'Rourke), who was abducted by the spirits who were haunting the home.

The Type of Paranormal Equipment Used in the Movie

One thing I absolutely adored about this movie was how you can see how limited the investigation equipment was in the movie. They used video cameras, analog voice recorders, and that was pretty much it.

It is absolutely unreal how much paranormal investigation has advanced in the past 37 years. Bear with me, I am comparing the concepts, not treating the movie as a real occurrence.

Paranormal investigations have improved so much through the years. Today we have cameras that recognize heat (thermal imaging), cameras that can see in the dark (Night Vision), devices that monitor all forms of energy, whether it be magnetic energy, static energy, etc.

Should the Movie Have Been Called 'Haunted' Instead of 'Poltergeist'?

What is the biggest paranormal theme in the movie? A fascinating fact about the movie is that even though the activity in the home did have poltergeist (noisy ghost) activity, the home was also sitting on a cemetery, which points more to it being a house haunting other than just a poltergeist. Many have argued over the original diagnosis by the head paranormal researcher, Dr. Lesh (played by Beatrice Straight). Dr. Lesh called the disturbance in the house a "poltergeist."

I personally feel that the key factor in the movie was Carol Anne and not the home. She was exactly what the spirits were needing and what they were craving. They wanted her innocence and purity to keep all the other souls in the dark. If the same scenario was to have taken place and there wasn't a young daughter similar to Carol Anne, the event could have played out differently. I feel the title was absolutely *dead on* (oops, I said it)! Great job Steven Spielberg!

Real Skeletons ... Seriously!

I'm sure we all can remember the swimming-pool scenes in the movie. As a child, I watched this movie and it truly haunted me. After watching the movie, I know that I had an extremely hard time looking at my swimming pool the same way. I would see that pool, and then I would see the pool filled with skeletons.

Well, here is an absolutely insane fact: They reportedly used **REAL** skeletons from India in the pool scenes. Why? To save money. I find this fact absolutely mind blowing, and from my research, JoBeth Williams, who portrayed Diane Freeling, was not told that she was swimming with real skeletons until after the scene was finished. Yup ... if I was JoBeth, I would have my lawyer on the phone immediately. Crazy!

Many actually feel there is a curse on the *Poltergeist* franchise because real human remains were used in film-



They reportedly used real skeletons from India in the pool scenes in the movie *Poltergeist*.

ing. Many unfortunate accidents occurred to cast members after the filming was completed. Some of the cast actually died. Find more details at [Ranker](#).

Ghostly Image of Reverend Kane Steals the Show in 'Poltergeist II'

When hearing the story of Reverend Kane, played by Julian Beck, I can't help but feel that the theme of the movie did not help with his diagnosis of stomach cancer. And I think that the filming was possibly his last hurrah.

"Beck was so realistically terrifying, Heather O'Rourke burst into tears the first time she saw Beck on set," according to an article on [Horror Freak News](#).

The article went on to say, "The death of 60-year-old Julian Beck, the actor who played the evil Reverend Kane in *Poltergeist II* is especially chilling. The actor died of stomach cancer months before the film was released. As the film was still in post-production, noted voice actor Corey Burton was employed to add missing dialog. It's unnerving when an actor dies before a film is released; it makes us feel like we're seeing actual ghosts when we see them in the films they never lived to see."

As an energy healer, I highly suggest my clients focus on peace, love, and light and for them to surround themselves with happy themes full of laughter and joy. The character of Kane in the movie is probably one of the scariest and horrifying I've ever seen in cinema.

When looking into Beck's life, I can't help but question the themes and the energies of his theatrical art. Make of it as you will, but I definitely do not feel the role helped his condition.

I feel the same may have been true for Heath Ledger, who played the young Joker in *The Dark Knight*. Heath wanted to portray an absolutely sinister character, and many of his closest friends were extremely concerned about his behaviors before his accidental death. Can a person get lost while portraying sinister characters? I feel it is absolutely possible.

Is this at all surprising? No.

When looking at this legendary movie of cinematic horror, were their consequences? With all the testimony and interviews, it definitely does seem to point to a haunting of a haunted-themed movie. During the fall season, many haunted attractions have been known to experience unusual happenings. (I have been asked numerous times to investigate haunted attractions.)

A common occurrence during the Halloween season is how people who run haunted attractions experience unusual occurrences at their attractions. Could this be due to the energy and focus of the participants? Could it be due to the actors losing themselves in the dark characters they portray?

Remember, each of us carries light and dark. If you allow yourself to unleash the darkness, bad things can happen.

The Shaman Saved the Day

In *Poltergeist II*, actor Will Sampson played Taylor the Medicine man. It's said that he actually performed an exorcism on set after shooting wrapped up one night.

"I am convinced that the presence of Will Sampson on this film saved us from tragedy. Sampson not only plays



Reverend Kane, played by Julian Beck in *Poltergeist II*, was "so realistically terrifying, Heather O'Rourke burst into tears the first time she saw Beck on set."

a shaman, he is himself a shaman, and I believe that it cost him dearly in terms of his own personal health to see us safely through," Nelson said in a *Chicago Tribune* article.

"There were accidents," Williams said.

Interestingly enough, Will Sampson was on the casualty list mentioned previously.

"In one scene, when real cadavers were used, an entire day's worth of film mysteriously came out completely black. Thus, a whole day of filming that cost \$50,000 to

\$100,000 had to be re-shot. The night before the re-shoots, Will Sampson performed an exorcism at 4 am in order to rid the set of evil spirits," according to an [IMDB post](#). "The exorcism was performed by Will Sampson, who was a real-life shaman for several different groups before his death in 1987. Studio security was instructed to leave the set unlocked and unguarded so Sampson could return in the middle of the night to perform the exorcism."

What does this all mean? Sampson saw something that seemed to be concerning as he was involved with the movie. As a shaman, he most likely felt a reason to cleanse and clear, which meant there was reason to believe something was not right.

I too have experienced environments that felt off. Like something is lurking or observing. For Sampson to arrive at 4 a.m. says that something was extremely off. When watching *Poltergeist II*, what do your emotional senses tell you?

Could the dark theme draw on darkness? I feel that it can. As many of you know, I am a holistic practitioner and a spiritual advisor as well. I am a spirit combat advocate and have worked with cases involving possession. One of the key elements in these cases is the fear.

"If you play with fire, you're going to get burned." ♦

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‘GHOST NATION’

JASON HAWES, STEVE GONSALVES, AND DAVE TANGO INVESTIGATE ‘DEAD-END’ HAUNTINGS

BY CHERYL KNIGHT

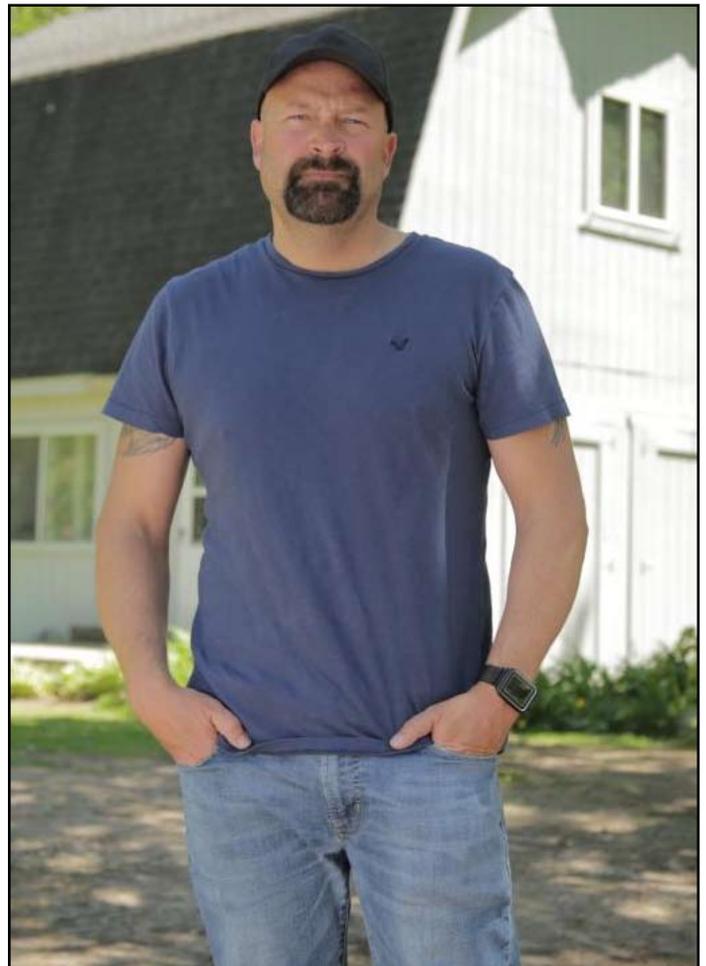
Paranormal investigators Jason Hawes, Steve Gonsalves, and Dave Tango are back to investigate residential hauntings and unexplained paranormal phenomena that local investigators need help solving. The seasoned investigators star in *Ghost Nation*, a new show premiering on Travel Channel beginning October 11 at 10 p.m. ET/PT.

The cases the team investigate include nanny-cam footage of a ghostly shadow figure walking by a baby’s crib, possible shadow people moving throughout a notorious haunt, an investigator who is scratched by an unseen entity, and many more.

If you are a fan of the show *Ghost Hunters*, which aired from 2006 to 2014, you’ll definitely recognize Jason, Steve, and Dave, who investigated unexplained disturbances across the U.S., alongside other investigators. Now, under a new team name – United Paranormal Research Organization (UPRO) – Jason, Steve, and Dave use state-of-the-art technology to collect evidence, conduct multi-day investigations, and help local investigators find answers to cases that have reached dead ends.

“My local organization handles cases all across the East Coast,” said Jason. “But in the last 20 years, because the paranormal movement has become so huge and spread all over the world, we formed an organization to connect all those involved in the field – fans, investigators, or those just searching for answers to questions. Many organizations reach out to us for help with their best and toughest cases.”

Jason recently spoke to *Paranormal Underground* about *Ghost Nation* investigations, the team’s mission, and technologies and techniques used while investigating. Read on to find out more ...



Paranormal investigator Jason Hawes has investigated unexplained activity since 1990. He is the founder of The Atlantic Paranormal Society (TAPS), which is based in Warwick, Rhode Island, and he was a producer for the TV show *Ghost Hunters*. (Photos courtesy of Travel Channel.)



Steve Gonsalves, Jason Hawes, and Dave Tango (pictured left to right) investigate the unexplained in Travel Channel's new series *Ghost Nation*.

Q: What originally led you to investigating the paranormal?

Jason: I had my own personal paranormal experience. After trying to research my experience, I noticed that most of the information out there was more than willing to accept anything as paranormal activity. That's not how I look at things.

So I felt the need to start researching and investigating things myself as I searched for answers.

Q: The original *Ghost Hunters* show has been credited with helping to ignite a "paranormal craze" that still remains today. Is your investigative mission still the same as it was in 2004 when *Ghost Hunters* first aired?

Jason: Our mission has always been to help out those who need help. Whether it's paranormal or not, they are seek-

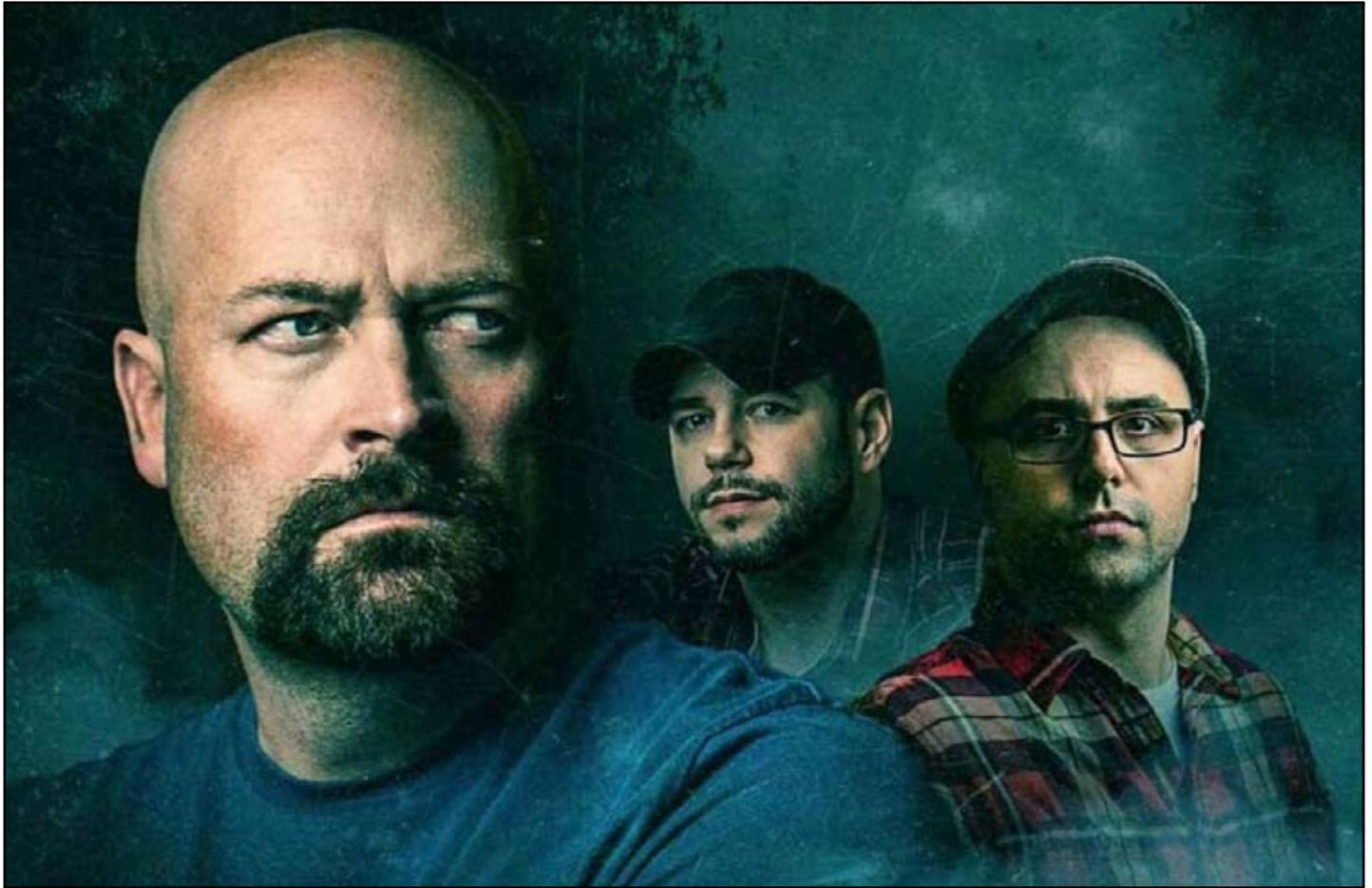
ing assistance and need somebody to help them. We make sure we do this all free of fees, as we have always done.

People from all walks of life have experiences and need assistance. If we charged the money, we would only be able to help those that could afford assistance. We want to help out everybody.

Q: Tell us about the United Paranormal Research Organization (UPRO).

Jason: UPRO is an organization that handles cases around the world and connects a network of organizations around the globe. UPRO and its network give us the ability to help people that need assistance in their local area quickly.

Q: The three of you have been investigating together for many years. How do you successfully work together as a team?



The *Ghost Nation* team works with paranormal investigators across the country using state-of-the-art technology to solve baffling cases.

Jason: We've never looked at ourselves as just a team. We've always looked at ourselves as a family. In a family, everybody's different. But the love and respect for one another is unbreakable.

We understand and respect that we all have our strong and weak points.

Q: How did the concept of *Ghost Nation* take shape?

Jason: After taking a few years off from TV, Steve and I decided it was time for us to come back. *Ghost Nation* follows our normal investigation routine and allows us to reveal more than we were ever able to in the past.

You get to see how an actual investigation really works. The digging into the history, separating fact from fiction, and getting real answers for those who need help most.

Q: How did you select the cases that you investigated on the show?

Jason: The cases are brought to us numerous ways. The most common is by people reaching out through the Website or from word of mouth.

Q: What is the process that goes into filming the show?

Jason: Honestly, we just do what we always do. The camera crew is incredible, and many on the team have worked on our past shows.

They know to just hit record, follow me and the team, and try to get the best shots they can.

Q: What type of equipment did you use during investigations for the show?

Jason: We use DVRs, recorders, thermal imaging, full spectrum cameras and endless other equipment.

Q: Do you work with other paranormal teams or experts during the investigations?

Jason: Of course. We far from know it all. There are so many highly talented and intelligent people in the field of paranormal studies.

And we reach out to other experts in all types of professions – electricians, plumbers, doctors, and any other area of knowledge that comes in handy.

Q: Which *Ghost Nation* cases resonated with you the most, and why?

Jason: That's a tough question because each case is so unique. Any case that involves children that are frightened resonates with me the most. As a parent, I understand the worry that a child would be frightened and not have anywhere to turn.

It's never about "Is this place haunted?" to me. It's about finding the answers to the mysteries that are scaring those who called us in.

"Any case that involves children that are frightened resonates with me the most. It's never about 'Is this place haunted?'"

Q: What type of paranormal evidence did you capture during filming *Ghost Nation*?

Jason: You'll have to watch the show and see. But I guarantee you will be blown away by some of the evidence and even some of the explanations we were able to get.

Q: What is most important for our readers to know about the show?

Jason: We are not a team put together by a casting company to make a show.

We existed long before we ever had a TV presence, and we plan to be around long after.

Q: What would our readers be most surprised to find out about you?

Jason: I'm still a plumber for Roto-Rooter Plumbing. Hey, it's recession free. We're never going back to the outhouse.

I met my wife in the 7th Grade. My kids always tell me that even though I seem all big and bad on TV (not like I try), I'm

nothing but a big teddy bear. I spend my weekends building things in my woodshop, going to my son's football games and wrestling competitions, and hanging out with the grandkids.

Q: Any other upcoming paranormal projects?

Jason: Lots, but I can't share more than that at this time.

* * * * *

"Ghost Nation" premieres on Friday, October 11 at 10 p.m. ET/PT. For more information, visit www.travelchannel.com/shows/ghost-nation. ♦

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SHADOW PEOPLE: What Are They?

By Kevin Killen, Author of 'Ghosts and Me'

Shadow people, shadow beings, shadow men continue to mystify paranormal investigators. They can appear darker than the night itself, and often do. They may have a hat; they may have glowing red eyes. Either way, whatever they are, they usually instill fear into the person who has an encounter with these beings.

So, what exactly are shadow people? Where do they come from? And what do they want with us?

In doing research for this article, I have found that these beings have been around for centuries. And some theorists suggest they may have been around before humans. However, no one definitely knows what they are or what they want.

Some shadow beings have been known to be violent; others not at all. So what's their reason for being here? There are varying opinions on this question. Some people have even suggested they are aliens here to study the human race.

The Different Types of Shadow People

According to psychic medium Natalia Kuna, who has a whole section on these beings on her Website, shadow beings come in several forms. I recently spoke to Natalia, and she filled me in on the story behind shadow people.

"There is the tall, close to seven-foot beings that are seen often," she said. "Then, there is the hatman, who is usually seen with some type of hat on their head. Then, of course, some have red or green glowing eyes."

The reason for the hat man's hat is unknown. "It may be for a sense of mystery or even intimidation," according to Natalia.

While these are the classic forms these beings take, that may not be all there is. "There could be other forms of them out there, but these are the ones I've come across most often," Natalia stated.

One form of shadow being that may be less familiar to most people is the shadow being in the forest. This



type of shadow person is seen in forests and wooded areas and tends to hang around trees. Some people believe they protect elementals and guard nature. However, they also seem to be quite interactive.

"They've been known to mimic humans who have seen them," Natalia said. "When the human moves, they move. When the human stops, they stop."

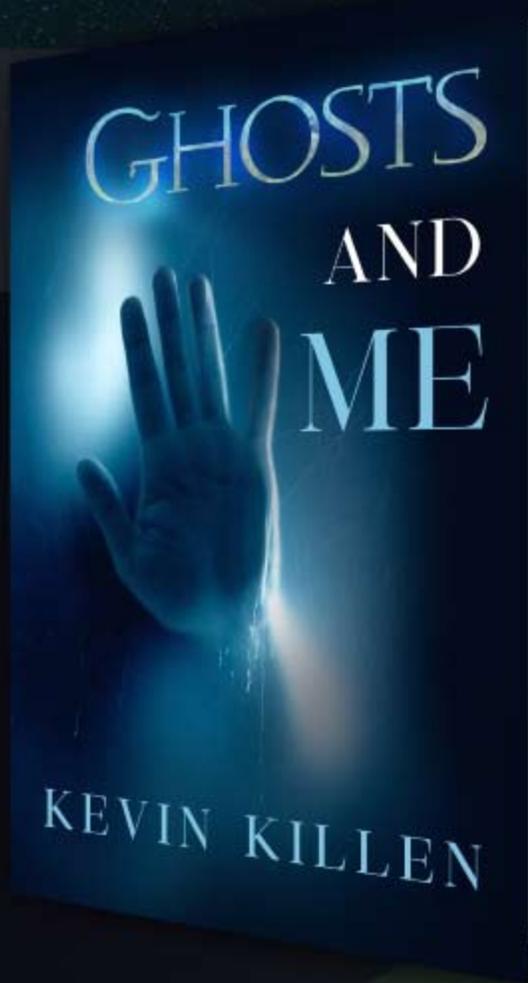
They don't make typical nature noises while in the woods, such as twigs snapping or leaves rustling. "This might lend credence to the idea that Bigfoot might be a shadow being," Natalia explained.

Are Shadow People Evil?

Some people believe shadow beings are ghosts or evil spirits, a theory that Natalia deems entirely possible. Some people in the paranormal field have described shadow people as ghosts who have yet to manifest fully.

Both of Natalia's experiences with shadow beings was intense and a little scary. "One was a visitation during sleep, and the other was a feeling of this being at my home," she said.





KEVIN KILLEN

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Natalia felt that her first shadow being encounter was a type of warning. “I felt that this being was giving me a warning about a changing in the world, and that’s why he showed itself to me,” she said.

She has felt that “the quickening” has been happening for a while now, and that could be part of the reason for seeing this being. “The energies of Earth are shifting and speeding up,” she said. “This could be a reason for seeing these beings.”

These beings have been seen all over the world, yet no one really knows what their purpose is. Natalia believes that they are attracted to negative energy, and this is one reason that some people may experience them. She actually found in research that methamphetamine addicts seem to have more visits with shadow beings than most. However, she does not know if that’s related to hallucinations from the drug.

Certain people may also be going through a spiritual and psychic awakening that could attract these beings to them.

Could Shadow People be MIB or Jinn?

The theories that surround these beings are quite interesting and range from them being some type of interdimensional beings to Bigfoot to even being associated with the Men In Black.

Another theory is that they are Jinn, an ancient Middle-Eastern figure that is described as wicked and evil. Jinn have been identified with genies, and it is said that the Jinn are older than man, which may give them a sense of power.

“They’ve been described as humanoid and animal, so they could certainly appear as a shadow,” Natalia said.

Whatever they are, they usually seem to be hostile, malevolent, and, at times, parasitic, according to Natalia. Shadow beings are usually described as being seen at night in someone’s bedroom near the doorway.

Because they may be interdimensional beings, shadow figures may not be able to go into the room any further than the doorway. However, some people have said they have had these beings in bed with them.

“For the most part, they don’t seem to have a positive agenda,” Natalia said.

What Can You Learn From a Shadow People?

While these beings are frightening, you can learn things from their visits, according to Natalia. For instance,

a shadow being might be coming into your life for you to learn something about yourself or even to learn about your own shadowside.

She added that people should take the time to reflect on their experiences and see if there is a reason they appeared to them. “Like any paranormal experience, it’s important to face your fears and your shadowside. Don’t get stuck in negativity that will just aggravate things,” Natalia stated.



Image: Rachel Titiriga via Flickr

Can You Get Rid of a Shadow Person?

If you don’t want shadow people around, are there ways to get rid of them? Natalia said yes. There are several ways to do this. They mostly go away by themselves, having served whatever purpose they had.

However, for some people, these beings stay with them and continue to “stalk” them, which adds to the fear and anxiety.

In this case, some ways to rid yourself of the beings is to call upon Jesus Christ or the Archangel Michael, burn sage, and be very vocal about having them leave your house.

“Demand they leave,” Natalia advised. If you have the time and energy, find out how to do a banishing ritual, which can sometimes help rid your home of these beings.

My Personal Experiences With Shadow People

This writer has had a few experiences with a shadow beings, which is discussed in my book *Ghosts and Me*. The first one I saw was in my bedroom. It had to be at least seven feet tall, because it cleared the doorjamb by several inches.

It didn’t have glowing eyes, but I clearly saw the outline of a head and shoulders. It only lasted a few seconds, then it disappeared.

Recently, I have experiences with small black blobs that appear to me. These blobs are fast, and I see them in a blur. And just when I realize I’m seeing them, they disappear.

I get the distinct impression that I am not supposed to see them. But they know I am not supposed to see them, yet they know that I can. I think these might be elementals.

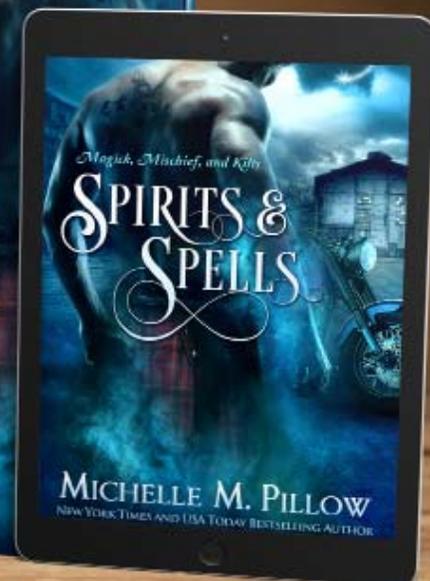
For me, I believe I have seen these beings because I was coming into my psychic awakening. But for others, the reason could be totally different. ♦

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McMenamins Edgefield: OREGON'S HAUNTED GEM

By Rainbow Radaelli, Truth Seeker Forum

Have you ever walked into a place and felt you instantly went back in time, almost as if you were greeted by a forgotten time that was still alive and well? As each footstep takes you further down the hall, unseen eyes with a whispered greeting welcome you.

You turn right and then left, but there's no one there except other guests and passersby. Maybe a gentle hand caresses the side of your head, making you feel light-headed, or within the blink of an eye you glimpse a shadow walking by. Well, this is how a multitude of people feel when they walk through the front doors of McMenamins Edgefield Hotel in Troutdale, Oregon.

The interesting thing here is that most of those whispered hellos and wispy silhouettes are seemingly friendly, even if you can't see or touch them. From astonishingly beautiful paintings on walls to an ambiance of old-time charm, there is so much to do at the hotel. Think of a ghost adventure where all the modern conveniences are at your fingertips, such as small bars, edible gardens, and an espresso bar. I think of it as ghostbusting at your leisure.

The charm keeps coming as you choose from a day at Ruby's Spa and soaking pool or an evening of live music. And if that doesn't float your boat, you can enjoy a movie after dinner. The best part is there are so many wonderful places to go that you'll never get bored. But let's not forget the best part of Edgefield, at least for me, is its history and its lively ghosts.

Edgefield was built in 1911 as the Multnomah County poor farm, which eventually progressed into a nursing home. Today, it is a 74-acre hotspot for its own brewery, vineyards, and distillery. My favorite is their hard cider!

As an empath, I find these kinds of locations are the ketchup to my fries. You can't get any better than this, outside of literally living in a haunted house. I'm

not talking about the spooky kind, but those old beloved Victorian or turn-of-the-century homes that kept all the residual memories of the families who lived within their walls. Edgefield's energy reminds me of multiple bubbles bobbing up and down with old memories that linger, occasionally touching the living as they move along.

Are there haunted rooms, you may ask? Of course!



McMenamins Edgefield Hotel in Troutdale, Oregon, is home to a wide range of paranormal phenomena.

The most requested room at Edgefield is room 215, called the Amazing Grace room. Supposedly, when they were renovating the property they found animal bones and a pentagram on the ground within the area. I can only assume they did a cleansing of sorts, hence the name. In addition, room 214 also supposedly has paranormal activity in it, especially with it being in close proximity to room 215.

Walking around, I found that it didn't take much prodding on my part when I asked some of the Edgefield staff who worked there if they had any ghostly experi-



Paranormal experiences at the Edgefield have included staff seeing full-bodied apparitions, hearing disembodied noises, and seeing a ghost cat.

ences. I'd like to share with you some of what the staff members shared because it shows that not everybody who experiences ghostly activity is a believer ... at first.

Imagine, there you are, playing golf on one of Edgefield's 2 golf courses and you catch a glimpse of a shadowy figure walking by. Perhaps, late at night, you are strolling along the path with snow coming down, footsteps appear out of nowhere. Where they begin or end is anybody's guess.

Ryan's Story

Here is Ryan's story. He is one of the shift managers at McMenamins Black Rabbit Restaurant.

This happened two winters ago on the property. Ryan and his wife were walking past one of the golf courses and stopped by the distillery to have a drink. He wanted to make sure their boss saw them so he wouldn't call them into work on their day off because it was snowing. He remembered walking around with their coffee drinks and then walking through the golf course, meandering back toward their home.

"Not that we were following footsteps, but we realized there were footsteps in the snow, and within 10 to 15 steps, they just stopped, like into nothing. They didn't fade out; they didn't go around the corner. They just stopped," Ryan said.

I asked Ryan how big the footprints were and if they were human.

"They were like a woman or adolescent child. They seemed as fresh as could be. And it was actively snowing at the time. We stood there for about 10 to 15 minutes trying to figure stuff out or trying to make sure nobody was stepping backward, trying to play a prank on us. We couldn't come up with any other explanation other than something weird was going on," Ryan added.

I asked Ryan if anything else has happened to him on the property.

"There have been situations in the distillery where the broom will stand up on its own, like unsupported. I can't imagine that being done without somebody manipulating it first, but just the fact that it stands there for a number of minutes on end without falling over is strange," he said.

Ryan continued: "There is somebody who took a video of it and walked all the way around it. The first time I remember it happening recently, whoever came into open the bar that particular day found it already standing. The only logical explanation is the person the night before left it that way and it stayed that way all night. He was a little weirded out and went and did some other stuff after that."

Clara's Story

Clara is a bartender who has been working at the Black Rabbit Restaurant for four years. Here is her story ...

"One morning at 6 a.m. when I first started working



As I walked around the Edgefield grounds, one thought popped into my mind ... I could stay here forever!

here, I was walking down the hallway here and this door was cracked open. And there should have been no one in the bar. And I turn and I look, and standing in the archway over there is a very tall man. We made ghostly eye contact, and then I shuffled off and was freaked out.”

I asked Clara if it was a shadow or full-bodied apparition.

“It was a full apparition. And then I’ve seen another one on the other side of the bar. It almost looked like an Asian woman peeking her head around the pole and back. And then I never saw her again. I even went around to make sure no one was hiding from me, and there was no one there,” Clara told me.

She continued: “I have also heard twice now bagpipes off in the distance when we haven’t had any events happening here. One time it was the opening line of “Amazing Grace.” I was thinking, we shouldn’t have any bagpipers here now. The second time I heard it, one of our skeptics heard it at the same time, so I know it wasn’t just me.

Christina’s Story

Christina is a bartender and has been working at the Black Rabbit Restaurant for seven years. Here’s her story ...

“My husband used to work here; he was the bar manager. And a part of his duties were to come in here, once a month, and do the inventory, which required him to be here at 4 in the morning. So we just thought, let’s spend the night. He could go downstairs, do his thing, and then come back up to bed,” Christina said.

“I’m a bit of a skeptic. We have a ghost log that you can check out at the front desk and read people’s stories. I was always like, people are drunk, whatever, of course, they’re going to see things.”

In Christina’s cases, there was a little bit of drinking involved, but her and her husband were not drunk.

“We went to bed like normal; everything was good. He got up and went to do his thing, and I remember him leaving. And I fell back asleep. We were on the second floor in room 214. It’s right next to the room that’s supposed to be really haunted, the Amazing Grace room, which is 215. So I remember waking up and looking and seeing a gray cat walking toward my bed. Of course, I’m going through my brain, how a cat got into my room, justifying the purpose and the meaning of this cat being in my room. I feel the cat jump up on the bed. I pet the cat. I feel the cat. I interact with this cat. This is weird. I thought it probably came in through some air vent or something. And then the cat jumps off the bed, and I see it walk away,” Christina explained.

It was at this point that she fell back to sleep. Then, at some point, the door to the room open, and her husband comes in and sits on the bed.

“I feel the bed sink in. I feel him move over toward me and put the blanket up over my shoulder like he usually does. I start to tell him about this cat. I turn around, and there’s nobody there. I never felt scared or anything like that,” Christina said.

A bit later, her husband actually came back to the room. And, of course, she asked him if he’d been back to the room earlier. She also told him about the cat.

“He said, ‘No, no.’ So I said, ‘Cool, listen to my story!’” Christina stated.

She went to work the next day and told one of the night bartenders her story. “I said, ‘A little gray cat was in my room,’ and he went, ‘That cat?’ He pointed to a painting on the wall. Well, I never noticed it, ever, but there is a little gray cat in the woman’s arms that’s in the tub. You have to actually get up close to see it. There has been a gray cat in the painting the whole time I’ve been working here, and, yes, that is the gray cat.”

My Thoughts on the Edgefield

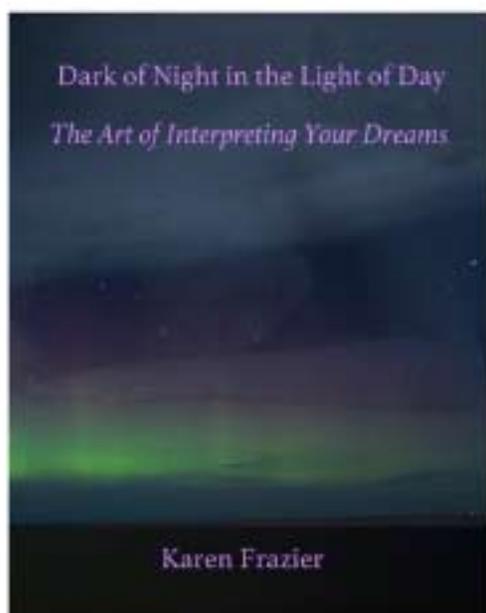
After hearing everyone’s stories, I decided to walk around the grounds of the hotel. During my walk, one thought popped to my mind ... I could stay here forever! I guess that explains why Edgefield attracts the living, as well as the dead. Everybody has a good time, and nobody wants to leave!

McMenamins Edgefield is just 15 minutes from the airport and 20 minutes to downtown Portland. It’s become one of my most favorite haunted locations. But, then, McMenamins does have other supposedly haunted locations that I have yet to visit. You know what that means ... I’m going to have a lot of favorites! ♦

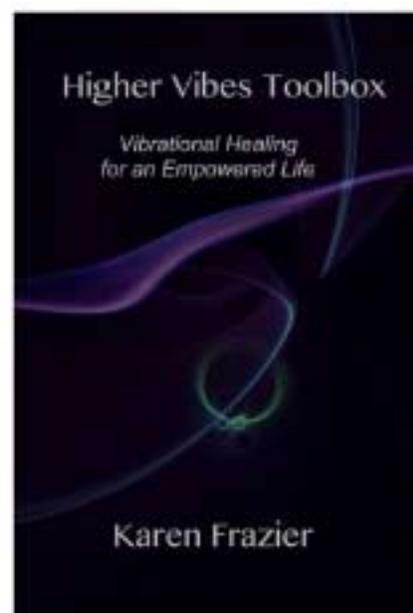
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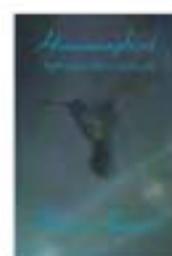
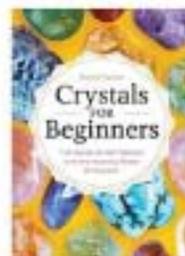
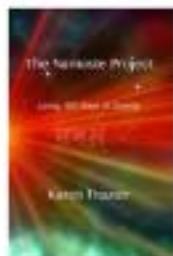
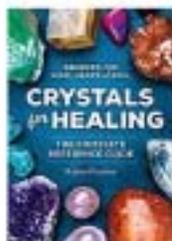
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UFO FLIES OVER DAM IN BRASÍLIA (1996 CASE FILE)

By Thiago Luiz Ticchetti, Author of 'UFO Contacts in Brazil'

The region where the Represa do Paranoá dam is located in Brasilia, the scene of other events related to the appearance of UFOs, was again the target of an episode of the same nature. But this time it involved not only the entrepreneurs Hildo de Oliveira, Agamenon Nascimento, and Antonio Rodrigues Cassimiro, but also about 20 military police officers.

The incident occurred when the three businessmen returned from Palmas, Tocantins, in Brazil on August 21, 1996. At around 4 a.m., witnesses observed a strange phenomenon in the sky. Nascimento, who was driving the car, drew the attention of the other companions to a light that accompanied the vehicle, at a distance of approximately 200 meters. The UFO was up to 20 meters from the light poles.

This object made zigzag movements going from one side of the road to the other without its trajectory being observed as the UFO went out on one side of the road and then emerged from the other.

"I cannot figure out what that is," Nascimento said.

Immediately, they slowed down the vehicle. Another occupant of the vehicle, de Oliveira, said it was not a helicopter. "It's not an airplane, either, because it's stopped," he said.

According to the testimony of de Oliveira, 69, when they were near a deactivated gas station, the ship projected a kind of blue light beam on the runway, totally blocking the view of the occupants of the vehicle. Immediately, Nascimento parked the car on the left side of the lane, avoiding passing under the lights of the object.

They stood there for about five minutes until the UFO moved again. The witnesses went on, always pursued by the UFO, and went into several places looking for someone else who could also observe what was happening.



**This UFO photo was taken by Marcelo Oliveira.
(Photo: Roberto Affonso Beck archive)**

A few miles later, they stopped at a police station, where they asked two soldiers to also look at the strange light. However, even after noticing that there was indeed something strange in the sky, the police ignored it.

When they were near the Paranoá Dam, the object stopped on the lake, at a distance of 20 meters in height. According to de Oliveira's account, at that moment there was a great movement in the water. They walked another 500 meters to a Fire Department station to call for help; however, they found no one.

Pictured at right/top: The UFO filmed by military police officer João Raimundo Galdino. (Credit: Rede Globo TV — Brasília)

Pictured at right/middle: Antonio Rodrigues Cassimiro, one of the UFO witnesses. (Credit: Rede Globo TV — Brasília)

Pictured at right/bottom: Military police officer Galdino shows his footage to the whole troop. He and one more colleague were witnesses to the UFO. (Credit: Revista UFO magazine)

At this point, the object landed on some stones. One of the men got out of the car to go to the stones to check the light closely, returning soon after. De Oliveira suggested that they call police for immediate advice.

In less than 20 minutes, several vehicles arrived, including an ambulance. In one of the vehicles that arrived on the scene was military police officer João Raimundo Galdino, who informed de Oliveira that he had already filmed the object. At that moment, de Oliveira called his son Marcelo Oliveira, a professional photographer, so that he could take some photographs.

Marcelo soon arrived carrying a professional Nikon camera and mounted it on a tripod. Within the hour, he took 36 photos with varied and prolonged exposures. The photographer later reported during investigations that when he placed the object in the center of the viewfinder, the camera automatically photographed, without having to use the manual control.

In the video filmed by Corporal Galdino, one can note the evolution of the luminous object, as well as the moment when an airplane approached.

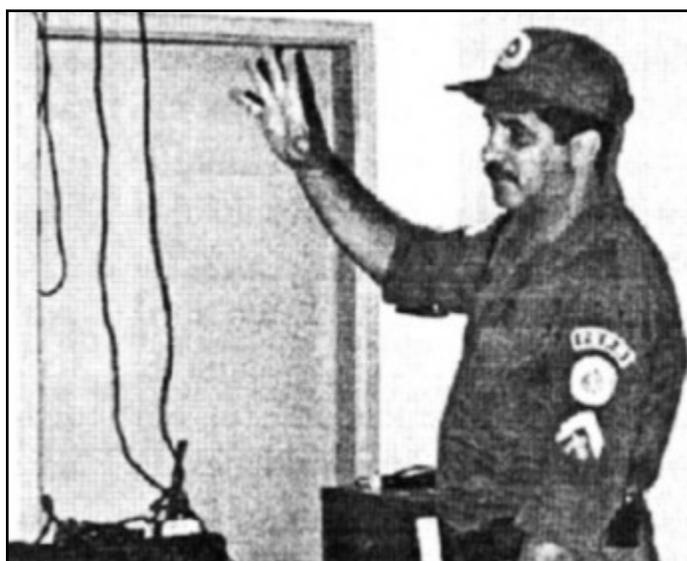
The five navigation lights on the plane suddenly went out. The displacement of the object is clearly perceived upwards and then its return to the original point.

As stated by the civilian and military witnesses who were there, the plane was not commercial, because it made a maneuver in the air at the place where the UFO was apparently seen for the purpose of ascertaining what was happening.

Galdino later reported that he began receiving anonymous telephone threats after UFO images were broadcast on television networks. The unknown voice always warns him that he should not have disclosed the photos to the press.

The corporal communicated the threats to the command of his military unit. Nothing was covered up by the military police authorities.

Thiago Luiz Ticchetti is the author of "UFO Contacts in Brazil," set to be published by Flying Disk Press on November 1. ♦



The Violent, Bloody, and Ghostly History of Ireland's Leap Castle

By Shannon Raphael, *The Lineup*

The name “Leap Castle” might conjure up romantic visions of a grand stone fortress rising over Irish hills. In reality, Ireland’s Leap (pronounced “lep”) Castle has a history more violent than entire seasons of *Game of Thrones* – and this bloodshed isn’t fantasy.

In the nearly 800 years since the County Offaly castle was constructed, families have been divided and executed, and fights over the true ownership of the castle led to battles so gruesome that the history has often been hidden. Uncovering the truth also means discovering a story of murder and intense betrayal.

The castle was built by the wealthy O’ Bannon family somewhere between the late 12th century and the 15th century, although likely around 1250. Before it was actually built, two of the O’ Bannon brothers were constantly at odds over which one was set to inherit their father’s riches and the control over the castle.

According to legend, they proposed a competition. Each brother would both jump off of a huge rock located on the site of the future castle. The one who lived would get to control the building of the castle and the family clan. While the winner of the deadly competition (if ever there was one) is now lost to time, it likely explains why the castle was originally known as Leim Ui Bhanain – or O’ Bannon’s Leap.

Though the O’ Bannons were powerful in their own right, they were pledged to the O’ Carroll family, who took control of the castle away. The O’ Carrolls used the castle as a site for battles, and numerous massacres occurred inside the walls.

The chief of the O’ Carroll family died without specifically naming which of his sons was to be his successor. Once again, brothers fought, bloodily, over who would inherit the castle. One of the brothers, Thaddeus, was



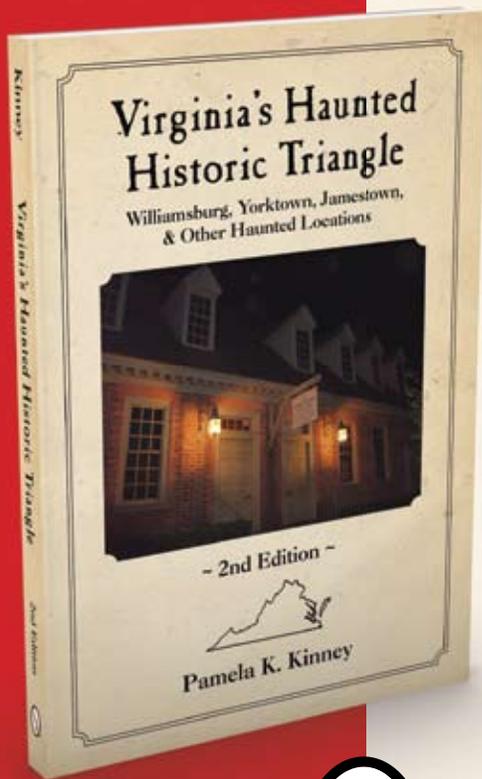
Ghosts and elementals are said to roam the halls of Ireland’s Leap Castle. (Photo: Mike Searle / Castles of Leinster: Leap, Offaly / CC BY-SA 2.0)

a priest. His brother, Teighe, convinced that he was the rightful heir, killed Thaddeus while he was in the middle of saying Mass in the castle’s chapel. The chapel became known as “The Bloody Chapel,” and it is said that you can see Thaddeus’s spirit roaming the halls of the castle late at night to this day.

Hidden behind the walls of the Bloody Chapel, you’ll find an oubliette, which was once filled with hundreds of human skeletons. Many of the skeletons were mounted on wooden spikes.

Two explanations remain for this mass grave – either the O’ Carrolls launched a mass attack in the chapel, then pushed the remains into the hidden room, or they used the wooden spikes as a method of surprise attack for unsuspecting visitors to the castle.





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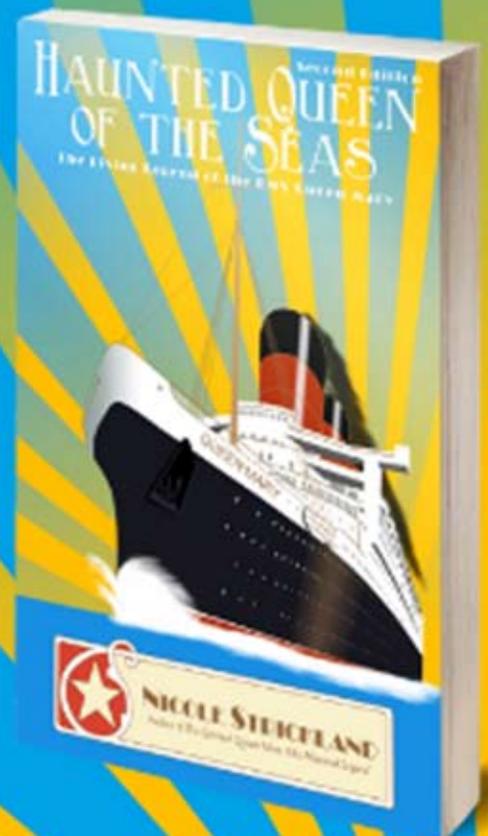
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Pictured above at left: Leap Castle's Bloody Chapel. Above at right: The infamous oubliette where skeletons were discovered in the 1920s. Ghostly activity is reported in both of these locations, which some attribute to the violent history of the castle. (Photos: www.authenticireland.com)

Elsewhere in the castle, you'll find the Red Lady, who is seen wandering the castle in a red gown, holding a knife. Allegedly, she was held hostage by the O'Carroll family, some of whom raped her repeatedly. When she delivered a baby, the O'Carrolls killed it, and the Red Lady was inconsolable. She wanders the castle nightly, hoping to find the men who killed her child.

Lording over all the eternal residents of Leap Castle is an elemental. The origin of this sinister presence is shrouded in mystery — some believe it was conjured by Druids or summoned by an invading party, while others claim it's the troubled spirit of a former castle inhabitant.

Regardless of its origin, it's easy to understand why the elemental is so memorable: Those unlucky enough to encounter it describe a rotting human-like figure, reeking of putrefying flesh.

A new clan took over the castle in the 17th century, with another violent transition, to say the least. An O'Carroll daughter fell in love with an English prisoner, Darby, and she would sneak him food while they plotted a way to run away together and get married.

When she let him out, Darby fought an O'Carroll son in the stairwell and killed him. The O'Carroll daughter became the only heiress to the castle, meaning that the English Darby would inherit the castle too.

Although the couple soon owned Leap Castle outright, Darby began to lose his grip on sanity. He began to obsessively focus on his money, going so far as to hide it throughout the castle. He then forgot where he had

hidden it and was unable to stop searching for the money that he wanted so desperately. His ghost is said to be seen around the castle, still looking for his riches.

Darby's children, and their children, remained in Leap Castle for the next century or so. In the late-1800s, a woman named Mildred Dill married Jonathan Darby, the current owner of the castle. Mildred had long been interested in the paranormal, and when she moved into Leap Castle, she discovered fresh inspiration within its walls.

Mildred wrote about the ghosts she encountered, the séances she held, and the disturbing stories of Leap's past throughout her life.

Mildred loved her home deeply. Unfortunately, in 1922, she and her husband were forced out of the castle due to the ongoing Irish rebellion. Since the Darbys were English, they feared for their life.

Leap Castle was abandoned in 1922, when the Darby family moved out. The Irish were fighting for independence from the English, and, since the Darbys were an English family, they were in danger of being killed. Much of the castle was burned after their escape.

In 1974, after years of neglect, a restoration project was launched to rehabilitate the castle.

Although Leap Castle is now privately owned, paranormal investigators can still visit. The current owner, Sean Ryan, offers tours and is immensely knowledgeable about the strange, bloody, and ghostly history of Leap Castle.

Care for a visit? [Click here](#) to learn more. ♦



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WAS THERE MORE BEFORE THE BIG BANG?

"Exploring Our Mysterious Universe"
by Maria Anna van Driel
www.amazon.com



WELCOMING PROSPERITY WITH MANEKI NEKO

By Karen Frazier, AuthorKarenFrazier.com

Have you ever been to a business where you've noticed a friendly looking cat waving its paw? Usually the cat is placed right next to the register or in the store's entrance, waving at customers and beckoning them to do business.

This is Maneki Neko. His name in Japanese means "beckoning cat," and he is a Japanese good-luck talisman, although his use has also become popular in feng shui, the Chinese art of placement.

His waving paw is actually a beckoning paw, inviting all to come in to the business where he is displayed to bring prosperity to the business owners.

Maneki Neko originated in Japan's late Edo period, probably around the mid-1800s. One of the most popular myths about the cat is that a stray cat one day appeared in a merchant's shop. Although the merchant had barely enough to feed himself, he fed the stray and made it well.

The cat was so grateful, he sat in front of the store to beckon customers inside, bringing the merchant prosperity.

The paw Maneki Neko is beckoning with tells you what he beckons. His waving right paw attracts monetary prosperity and luck, while his left paw welcomes success in the forms of clients or customers.

While Maneki Neko is most commonly seen in businesses, he can beckon other types of energy you'd like to cultivate in your life based on his color.

- Red beckons positive relationships and romantic love.
- White beckons positive energy.
- Green beckons health.
- Gold beckons monetary wealth.
- Calico beckons all of the energies.
- Black protects and wards off dark energies.

The cats often hold something in their non-waving



paw — usually symbols of wealth, such as gold ingots or gems. These items further invite wealth and luck.

In your home, place Maneki Neko in the prosperity sector, which is in the southeast. You can also place him in the southeast sector of your home office.

In a business, you can place him in the window to beckon customers, in the prosperity sector, or near your cash register.

At the register, face him into the shop (away from you) so he beckons the prosperity toward you. ♦

Dinner Date With A Ghost



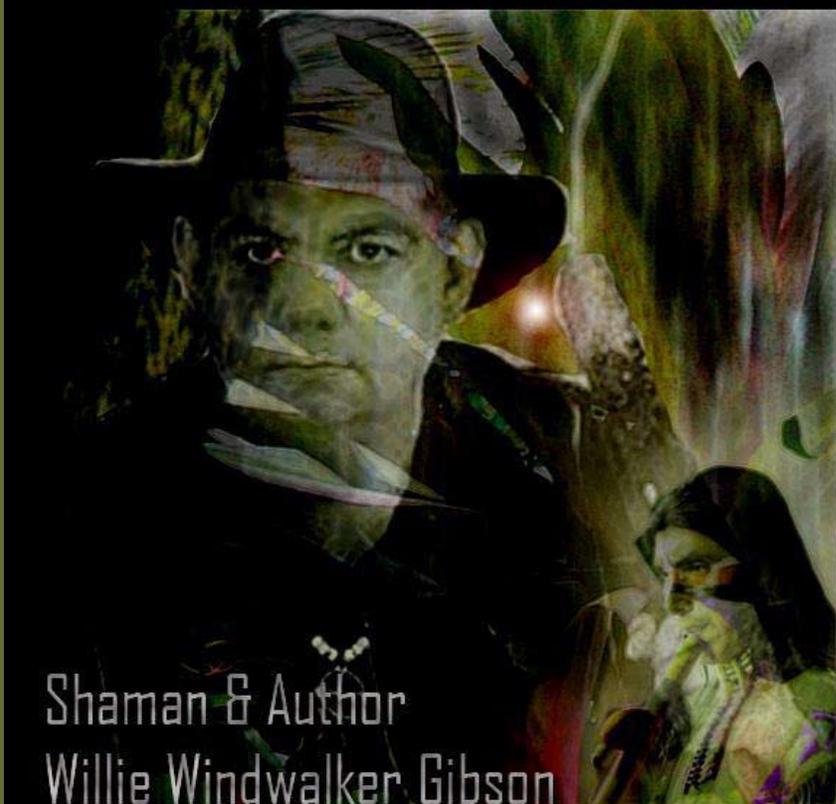
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5 Ways to Stay in the Flow of Abundance

By Dr. Athena Perrakis, Sage Goddess

When manifesting money, it's important to think energetically. I believe that everything is energy, including our resources. And all forms of energy follow the Law of Attraction — the idea that the energy you send into the world is what you'll receive.

So what kind of energy are you emitting? Are you radiating frequencies of abundance, love, and joy? Or have you been approaching life from a place of negativity and lack? Staying in the flow of abundance means using the wealth you already have to create more, and this requires keeping your mind, body, and spirit attuned to the energies of empowerment and success.

If you're ready to live a life of greater abundance, here's five ways to get started:

1) Harness the Magic of Gratitude

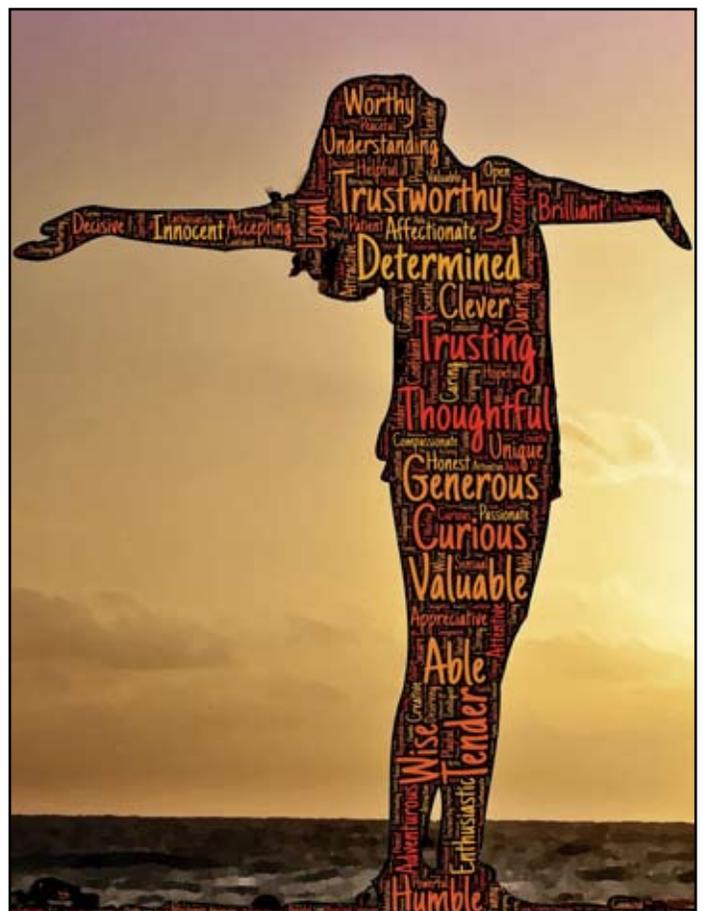
Gratitude is one of the most powerful forms of attraction magic. When you express appreciation for what you already have, you open channels for even more to flow into your life. Think about it this way: If you cook a meal for someone and they react to it with apathy or entitlement, will you feel inclined to cook for them again?

The Universe gives more to those who delight in its gifts with pleasure and appreciation. Every day, take time to reflect on everything you're grateful for — the big and small things alike.

2) Incorporate Affirmations Into Your Daily Practice

Have you ever fallen into a web of negative thinking and had it affect your entire day, week, or even year? Your thoughts shape your reality, and that's why it's so important to maintain a positive mindset.

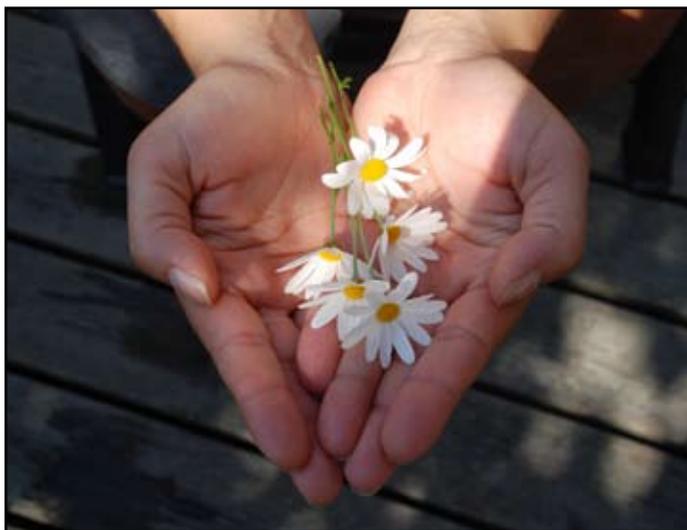
One great way to offset negative thinking is to use affirmations. Come up with five affirmations that deeply resonate with you — they can be as simple as “I am abun-



nant” or “I am courageous.” Whenever you find yourself slipping into negative thought patterns, recite these mantras. Slowly, you'll start rewiring your thoughts to function in ways that support and energize you.

3) Build a Venus Altar

In astrology, Venus is not only the planet of beauty and relationships. It's also the planet of money! While Mars dictates how we give energy, Venus governs how



we receive it. And when it comes to attracting abundance, your ability to receive is more important than anything else!

Create an altar with Venus-inspired gems, flowers, and perfumes. When it comes to crystals, rose quartz and rhodochrosite are extraordinary ones to work with. And what Venus altar would be complete without roses, lavender, and my Aphrodite Perfume? Get creative and have fun with it! It's your altar, and the possibilities are endless.

4) Learn to Let Go

Here at Sage Goddess, we talk often about accumulation work – the act of manifesting what you desire. But the process of release is just as important to living an abundant life. Whether you're clinging onto a physical object that you no longer need, a stagnant relationship, or a set of self-limiting beliefs, holding onto anything too tightly restricts the flow of energy and closes you off from receiving the things that do serve you.

When attracting more abundance into your life, practice the art of letting go. By releasing low energies, you'll create physical and energetic space and invite more love, prosperity, and light to flow toward you.

5) Be Generous

Do you have faith that what you give will come back to you? Living abundantly means sharing with others and trusting that when you're generous with the world around you, the Universe will be generous with you.

Try incorporating the spirit of generosity into your life – it could be as simple as making monthly donations to your favorite charity or sifting through your closet to donate things that you don't need. Practicing generosity will help you leave behind thoughts of scarcity and remember that you do have enough, for yourself and beyond. ♦



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When the Earth Attacks

By Willie Windwalker Gibson

People ask me about Earth changes all the time. They ask about Earth shifts and what I think about the topic. And I tell them they can see for themselves because Earth is fighting back against us for attacking it.

People forget that Earth is a living thing, and we all are attached to it. Native Americans have been practicing taking care of the Earth for years. They have not put poison in the air or water. They have not exploded atomic weapons.

People forget that when you hurt the Earth, it will fight back in some way.

When a nuclear test is done, the Earth will attack with an earthquake and a tidal wave. Some of our leadership thinks global warming is a hoax. The polar ice caps are melting, causing flooding. The Earth again attacks back.

Heatwaves in the Southwest and Southern states cause drought and crop failures. The Earth attacks back. The dry land in California causes forest fires. The Earth attacks. The fires in Brazil cause the ecosystem to suffer and, thus, deplete our oxygen. The Earth attacks.

The natives have known this for years. They have told our leaders over and over again to stop hurting the Earth. The leadership calls it all a hoax. It is funny how the leaders of our land hold the almighty dollar sacred and not the planet they live on.

The planet is hurt and cannot heal until there is a change. If the human race won't help heal the planet, then the planet will take a defensive posture and attack the infection that's keeping it from healing: mankind. It will remove the infection and cleanse itself. It will cause storms, tidal waves, fires and purge itself.

The Earth is telling us **NO MORE!**

We need to take responsibility for what we do and how we hurt the planet. We can start by cleaning up the air and water. We can use alternative power and cut the



pollution in the air by developing new fuel sources. We can elect new leadership with new ideas for saving our planet and have open minds.

This is what we can do to stop the Earth from attacking us. This will help the Earth survive and help us survive.

Please take a good look at what's happening right now on our planet ... and then don't just look the other way. Do something to help.

Check out this article, titled "10 Climate Change Facts That Everyone Should Know," and you might be surprised by a few of these facts: www.globalgiving.org/learn/climate-change-facts. ♦

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Dark Matter Has a Plausible Signal

By Maria Anna van Driel, The Next Truth

For almost 100 years, scientists have tried to unravel the mystery of dark matter and its partner in crime, dark energy. None has a clue, so far, what these things are and how and why we interact with these invisible forces within our hot cosmic freezer.

Everywhere we look, we see transitions being made. Water freezes, melts, or boils. Chemical bonds break and form to make new substances out of different arrangements of atoms.

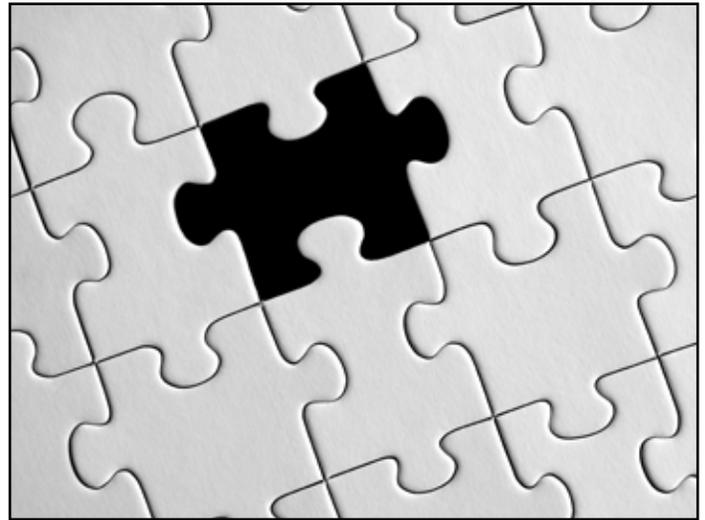
Our universe went through major transitions in early times. New particles were created and destroyed continually until things cooled enough to let them survive. Those particles include ones we know about, such as the Higgs boson (bosons are thought to be particles responsible for all physical forces) or the top quark (the most massive of all observed elementary particles). This means that, eventually, the density becomes so low that interactions become infrequent and the particles freeze out.

But this early universe could also include dark matter, invisible particles that we presently know only because of their gravitational effects. In cosmic terms, dark matter particles could be a “thermal relic,” forged in the hot, early universe and then left behind during the transitions to more moderate later eras.

Galactic Sudoku Puzzle

Most people have heard of general relativity, which is a theory of gravitation that was developed by Albert Einstein between 1907 and 1915. But have you ever heard of “the father of dark matter,” Swiss astronomer and physicist Fritz Zwicky? During his life (1898–1974) Zwicky made valuable contributions to the physics of the solid state, gaseous ionization, and thermodynamics. He quickly turned to the study of supernovas, novas, and cosmic rays.

And even Zwicky had discovered the existence of dark matter in 1933; he was banned from using the Palma



telescope at the age of 70 due to his outspoken opinion that was seen as a bad temper.

Scientists have been trying to put together this galactic Sudoku puzzle of dark matter and dark energy ever since.

So, fasten your seatbelt, keep your finger on the button of your high-speed camera, and get ready to gaze into the dark heart of our galaxy. You are about to explore the central question of a puzzling phenomenon no one knows the answer to. You are about to take a tour through the Universe that gets weirder, stranger, more shocking, and maybe even spookier than you expected.

‘Light Shining Through a Wall’ Experiment

If you look at the Universe as having 5% matter and 70% dark energy, then what the heck is the other 25% that we call dark matter? There has to be “something” that creates a fine-tuned balance between the energy of motion (kinetic energy) and gravitational attraction (potential energy) for the Universe not to collapse or explode in an instant.

Imagine a lamp in the living room hanging from the



Many physicists think dark matter is a thermal relic that was created in huge numbers before the cosmos were a half-second old, lingering today because it barely interacts with any other particle.

ceiling. If you look closely but from the right distance, you can see — with the naked eye and when UV-light hits the lamp at the right angle the effect of the electrons being knocked out of their orbits by the density of the lamp. This effect, what can be observed as “rising heat” is what makes us see the outlines of the lamp ... right? Let’s call this rising heat dark energy and what lies just behind the visible outlines of the lamp, dark matter.

But before we can see the proof of what is laying just behind the lamp’s density (dark matter) in its existence, its signal has to be detected first. A new experiment that has a very high probability of providing a clearer picture of what dark matter and dark energy is bears the name the Any Light Particle Search II (ALPS II). It’s an experiment taking place at DESY in Hamburg, Germany, that will try to measure “axion-like particles” for the first time.

And let’s not forget the CERN Axion Solar Telescope (CAST), which is an experiment in astroparticle physics to search for axions originating from the sun. Or ... what about the XENON dark matter research project, operated at the Italian Gran Sasso National Laboratory. These experiments are, to many, better known as “Light Shining Through a Wall.”

“The idea behind the ‘Light-through-the-wall’ experiment is to calculate and proof that there is an axion-like particle that can travel through the wall and transform back to photon,” DESY’s press officer Dr. Thomas Zoufal said during a tour. “When we can see this happening, we know that there has to be something different to photon on the other side of the wall at a special wavelength.”

When two photons see, or meet, each other, they sometimes overreact with excitement and split themselves into an electron and positron pair, which scientists call “virtual particles.” But in order for the tiered light particles, which are both chargeless and massless, to interact with one another, they must go through a quantum mechanical loophole (a quantum loop). They have no way to bounce off of each other without some kind of help.

However, when the electromagnetic fields (EMF or EM field) of two lead ions swoosh through one another and high-energy photons have the opportunity to absorb this energy — as well as from the free electrons — it can, so to speak, generate its own energy while speeding up its momentum between “mirrors.” Once a photon has absorbed too much, it will need to release this energy. This releasing of energy could be observed as a small explosion.

Now, let’s say we have 20 of these charged light bulbs (photons) of which only one gained the needed mass, due to a nuclear magnetic spin, to convert into an axion-like particle. The remaining 19 are likely to burst, showing an X-ray scattering when the conditions are not perfect enough for them to be converted into an axion-like particle. Nevertheless, these empty photons, or “tiered light,” do have an important task to fulfill ... making this 5% of matter visible when merging with the correct host.

Is the Universe Really THAT Complex?

Although we tend to think that nature thinks up the most complex systems, nature is far from being com-

$$Vs + (\gamma + \gamma)/\lambda = v/f \rightarrow V\gamma(2)$$

Could the Theory of Everything Be That Simple?

plex. And, strange as it might sound, the behavior of the Universe isn't always complex either. Like water always choosing the path of least resistance to travel from point A to B, converting the charged photon into the hypothetical axion seems to be perfect for transporting this light, disturbing or bending the nuclear magnetic radiation energy, and making some yet unknown particles "slower" by using its mass both in a controlled manner. Somehow it has to be; otherwise, we could never have known about the 5% in the first place.

Still, this is not the signal that scientists are looking for, but it is a nice start to look for where it is not. In this, you can think of a straw in a glass of water. Also, this signal, which can be measured, does not particularly have to lay in the missing (zero) mass or energy, after it has "plopped" back to its original state.

Our 19 light bulbs becoming almost empty or being "tired light" – in particle physics known as the electromagnetic force – is not an entirely farfetched idea. In 1929, the Swiss astrophysicist Fritz Zwicky already proposed that photons gradually give up their energy to the intergalactic matter through which they travel, through a process analogous to Compton scattering (a collision between a photon and a charged particle, often an electron, in which the photon loses a substantial fraction of its energy).

This leads to a progressive reddening of the light. To make it all a little bit weirder, this tired light, having zero mass, does not hover aimlessly through the Universe. It is likely to assume that these photons are searching for "something" that turns them into visible light and change their momentum, thus, yielding a force whereby this light is able to "physically" interact with matter like you and me.

Maybe we should not dismiss the idea of one, or maybe two, of our 20 photons repeating the process of speeding up, generating more energy and mass, and becoming a hypothetical axion again. And could the remaining photons light up some parts of the Universe as they search for a host that only interacts via gravity and not carrying any charge after they plop into the state of being "tired light" – the sterile neutrino (hypothetical particles that interact only via gravity)?

And in an instant, this "nothing" or "sterility" with the new flavored neutrino becomes "something." Could we refer to the sterile neutrino-photon flavor as the first step toward dark energy, which in turn is "covering up" the rare photon-photon colliding? May we think, with some caution, that the photon-neutrino flavor swirling, as in murmuration, through an EM field is dark matter?

The 'Spooky Factor'

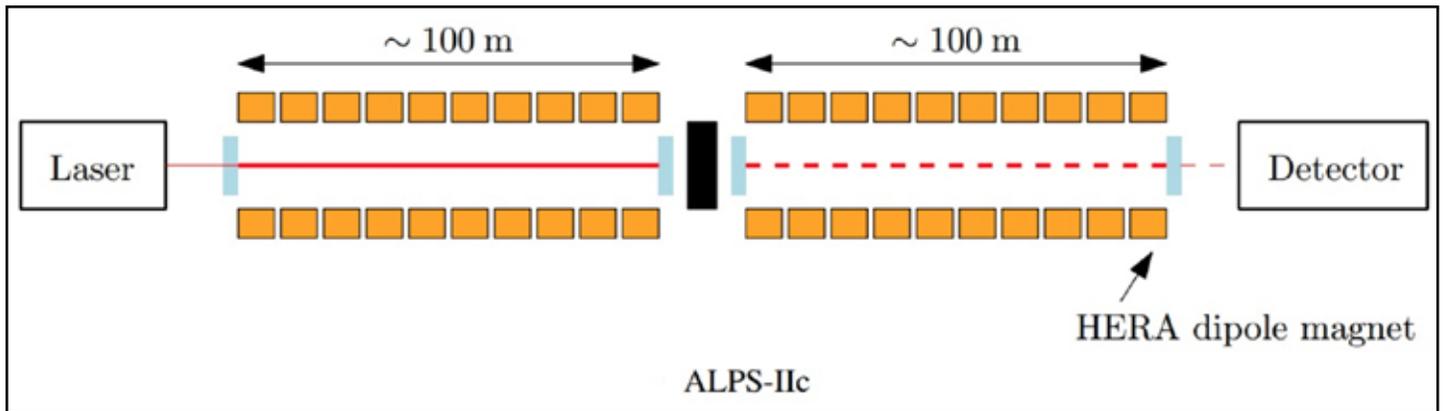
But wait, let me insert the "spooky factor" to all of this by looking back to my past article about EVPs in which I spoke about how crystals can be triggered by EM vibrations, LED-light, pressure, and change in temperature.

"Not only can EM vibrations trigger the crystals inside a digital recorder. A piezo-electrical effect created by a light source, like LED, is also a potential candidate for creating crazy vibrations in crystals, which the devices (holding these crystals) can translate into intelligible words or short sentences by, for example, converting light, sound, direct temperature differences, or mechanical pressure into electrical signals."

Since the Universe contains plenty of carbon, this "tired" EM-light – which has neither found a host nor is able to convert into an axion – could easily address the carbon and create (elastic) crystals in a similar manner as to how schist is created in Limestone, which in turn releases a "special wavelength" possessing potential energy. A process as such sounds logical due to its simplicity and might have the prospect of being one of the two candidates for the signal (acoustic shadow) that proves the existence of this mysterious dark matter that seems to be present in our hot cosmic freezer.

Both dark energy, created by EM photons and sterile neutrinos, and a special wavelength spawn from ordinary carbon containing a frequency or vibration being so high or that low it looks like "nothing" but is actually moving on the borders of the electromagnetic spectrum (extreme ultraviolet radiation). And by behaving as so, it instantly becomes invisible for modern scientific measurement equipment like the MiniBooNe (an experiment at Fermilab designed to observe neutrino oscillations).

With this being said, this yet-undetected signal could



Dark matter ... exotic and hypothetical since the early 1930s, but the search continues. The image above is a schematic view of the ALPS IIc stage with two 100m long cavities using the HERA superconducting dipole magnets. (Source: DESY)

also lie in the sterile neutrino, absorbing an EM photon within a rotating Lorentz force containing the perfect conditions and, thus, distance. Inside this “tunnel,” the acoustic shadows (the area in where soundwaves fail to propagate), from the moment the photon plops to the axion, could be trapped inside the gravity (rotation) of a standing wave, which is then established by means of the special wavelength entering the right area of the rotating Lorentz force with a perfect angle. Indeed, this is a tremendous small window of time, almost looking for a needle in a haystack, but with a highly sensitive measurement device, this signal can be made visible.

All in all, it is a plausible direction to look in while considering the idea that, in the end, the special wavelength can be responsible for making 5% of the matter in the Universe, which includes you and me, visible by hitting the surface of the electrical density of the non-exited particles – or at least extremely low charged – with a right angle whereby the acoustic shadow is not only the signal, but also is creating a visible 3D+ effect in our hot cosmic freezer.

Is my hypothesis an impossible one? Or can it lead to the understanding of the quantum-mechanical square dance of the relic dark matter? Well, if nature is allowing it, why not? ♦

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Ghosts of the Forest

By T Stokes, Holistic Palmist

While the intense evil I witnessed was still fresh and alive in my mind, I wanted to share one of the most unpleasant exorcisms I have ever been asked to do. A spiritualist friend in Hampshire some 100 miles away contacted me to say a local landowner needed an area cleared where a jealous man had followed his ex and her new boyfriend and viciously killed them both. Then he hung himself from a tree nearby.

Now, people are refusing to walk past or nearby the site because of odd, scary feelings they get. I told him it sounded like a simple case of a haunting — any local medium can do this. He said they have tried but then suddenly back away.

Mediums are the ideal tool to use for contacting the dead, but there are intelligences out there that have never been in a body. In these cases, great care must be used in any kind of contact. So, I told him I would go if he paid for my train fare and expenses.

Later that day, my friend emailed me that the landowner would pay my travel costs. And he made it clear that he did not want to be a part of what I did. He just wanted it done ASAP.

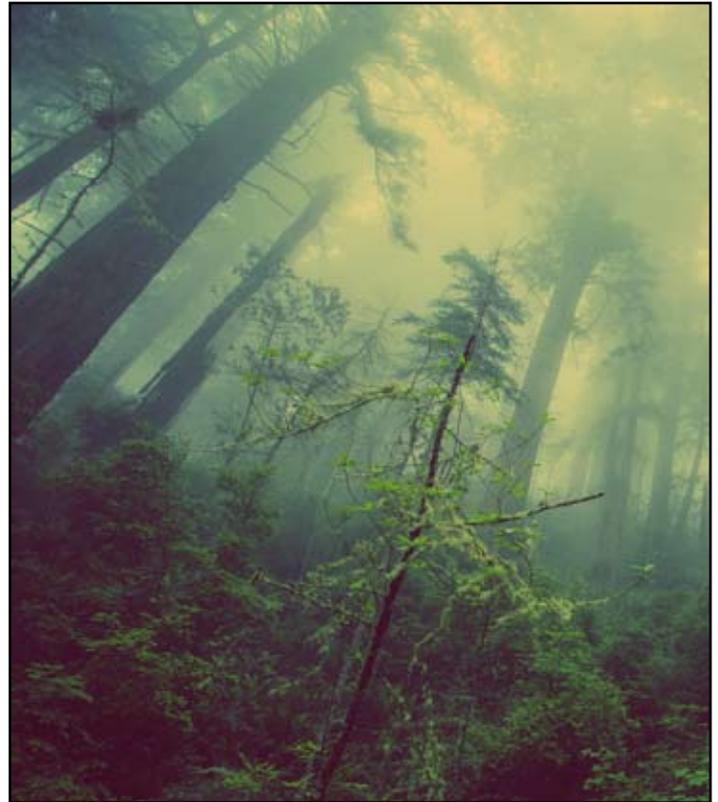
* * * * *

I took a large bag of mixed salt and fine sand and left them out in the sun all day, blessed them, and went to the wood not knowing what to expect.

On walking through the wood, it all felt pleasant and normal until I approached the area where the tragedy occurred. My breathing tightened, and I felt uneasy in my stomach. A kind of thick, dark blanket hung over the spot, not normal with dead human hauntings.

Not sure what we had here, I felt uneasy at the place and walked along the outskirts in a square, spilling a small trail of the blessed salt and sand until I had locked in the dark forces. Feeling queasy, I came back to my friend's house.

I had gone through it all in my mind, and I assumed restless spirits were to blame, but at times the negative energies in a killing can attract lower demonic entities, and some will feed off the fumes of spilt blood. These are what psychics see above butcher shops and the like.



If you spill blood in the water, sharks can smell it miles away, it is the same with some spirits of the air. They will come from far and wide when blood is spilt.

I did feel that whatever was in the woods, I had to use the utmost care. These intelligences will often know what you are about and will do their utmost to prevent you from coming. So I did not know what we had here but decided to go back and prepare for a fight.

* * * * *

I asked my friend if he had a folding chair I could take to the spot and just watch and tune in for what was going on. He told me he had a small folding chair inside. Taking the key and opening the garage door, a shower of spiders fell down on me.

As I brushed them off, it felt like a hot needle went

into my shoulder. The pain was intense. Then other bites seared into me. So taking up the yard broom, I started to kill as many spiders as I could, thrusting the brush end into the hub of the nest.

Coming back indoors, all I could see was a small red blotch where I was bitten. It was not long before I felt giddy and feverish and my legs would not work properly. My friend said he had never seen any spiders in the garage.

He decided to ring the hospital, but they said they had large queues there today. They told him to keep me in one place with a blanket and have me apply antiseptic cream and drink lots of hot liquids.

Two days later, I was still very ill. So, my friend again rang the hospital. This time they said, "What? Who told you that? Bring him in immediately."

I did not want to move. My knees were so weak. But we went to the hospital, where they had no spare beds. I was put on a trolley in a small room. They cut off my T-shirt, and I got pulled about. I was so tired and lethargic, and they left me there to sleep.

There was a huge, bright light over my head, so I ended up wrapping the remains of my T-shirt around my eyes to sleep.

* * * * *

While I slept, I became aware of being watched. Then a thick, dark cloud entered the room. It smelled cold and bad, and I knew the thing from the woods was present. It was concentrating in a corner of the room.

It then spoke to me: "Come again and you will really suffer."

Then the stinking, greenish fog cleared and the room warmed up.

The reason rooms go cold before an apparition shows itself is because it drains from the air all nutriment to build up its form, just as water can be frozen solid in ice, air can also be coagulated together by spirit. The term is "inspissated air."

* * * * *

Arriving back at my friend's house, I knew what I had to do. I spent the day meditating and in quiet

prayer. Then, I put on clean clothes, bathed with lots of soap, and fasted for 24 hours. A demonic creature will grip onto anything dirty. Putrefying or decaying food in the gut will bring them straight to it, and the focus of their attack will be there. Experts tell us there are more nerve cells in the stomach than in the brain; this is where gut feelings come from.

So, setting out at daybreak I approached the square of blessed salt and sand. Walking just outside of it, I said the 23rd psalm. I then called on the four archangels — Michael, Uriel, Gabriel, and Raphael — and conjured and pointed them to the four corners of the square.

The meaning of the square is fully known to Freemasons, and it is very powerful. It protected me from a very angry beast that kept daring me to step within. Then the trees and bushes inside the square began to gently shake as if a fairly strong wind was at work — but only inside the square.

Walking around again, I dropped some healing herbs, set alight some sage highland grasses and mint, and threw some into the center. I felt a strong anger directed toward me, and I knew I was winning as the beast was moving away toward the tree where the man hung himself.

Stepping quickly into the square, I threw the bottle of blessed holy water at the tree base, where smoke was rising. I said aloud, "By the powers of God almighty vested in me, I command and conjure you to go to your place of rest."

And it was all over.

* * * * *

It's now unfashionable to use the word exorcism — the term deliverance is now used extensively.

My friend picked me up, handed me an envelope with money to cover my expenses, and drove me to the rail station for my journey home. A very strange thing happened ... ahead of us on the motorway was a dark cloud exactly in the shape of a witch on a broomstick.

In fact, I wanted to stop and take a photo, but my friend refused to stop on the motorway.

Was it a total coincidence? Maybe. But maybe not. ♦



CURSED BY A SATANIC CULT

BY PAUL DALE ROBERTS, HALO PARANORMAL INVESTIGATIONS

The following case file comes from Halo Paranormal Investigations, located in Sacramento, California.

Initial Report

July 20, Saturday. Time to arrive: 3 p.m.

Contact Person: Mr. S.

Address: Downtown Sacramento.

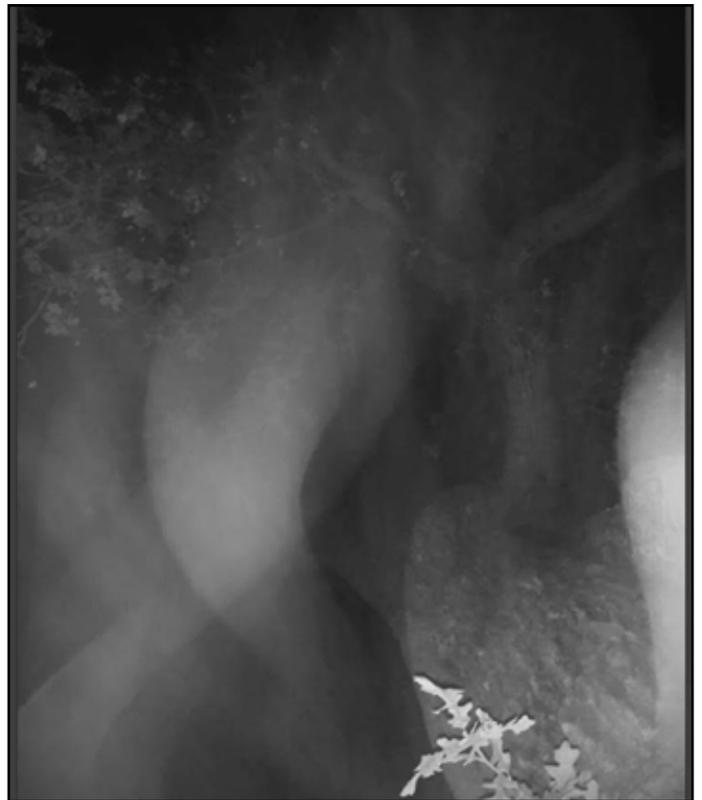
Activity and History: Happened one year ago. Occupant went to a strange party, and from this party was cursed. His apartment is now haunted. Voices are heard in the apartment, and a slew of paranormal activity is going on. Needs investigation and cleansing.

Initial Briefing

The occupant, Mr. S, says that on one particular night, he was lying in bed with his dog. His dog got excited and started barking like crazy. And then a dark figure appeared over his bed. Mr. S says that it all started when he went to a party. He didn't realize that the party was hosted by a satanic cult. The members were involved with an orgy.

Mr. S was repulsed by what he was seeing, and that is when he was cursed by the party members. The curse has caused his apartment to become haunted by paranormal activity. The area where Mr. S lives at is near the former apartment of the Symbionese Liberation Army and their hostage, Patty Hearst. All kinds of riff-raff lived on his street during the 1980s, from prostitutes to pimps to johns to drug addicts to drug pushers to thieves. A woman hitchhiking in 1978 on 16th and W. was hitchhiking and picked up by a killer. Her ghost still haunts the hitchhiking area.

Mr. S says that there has been so much activity that he had the Berkeley Psychic Institute investigate his apartment. Their psychic did a reading on his haunting. Mr. S has seen a shadow dog near his apartment. When



This photo looks to have captured a shadowy vortex.

team member Pelenta arrived at the location, her digital recorder automatically came on and she had a hard time shutting it off.

HPI Paranormal Investigators Roll Call

- Psychic Medium / HPI Co-Owner: Deanna Jaxine Stinson
- HPI Co-Owner: Paul Dale Roberts
- Investigators: Pelenta Forrest, Randall Allan Johnson, Keith Wise, and Dez Hiegel.



Pictured above (at left) is the HPI team; at right, the team captures what looks like a shadow person standing behind one of the investigators.

(We broke up into two teams: Deanna was the leader of the team called “Team Shapeshifters,” made up of Paul and Randall. Pelenta was the lead for “Team Eager Ghosthunters,” made up of Keith and Dez.)

The Investigation

We had two areas to investigate. The first round, Team Eager Ghosthunters investigated inside the apartment and Team Shapeshifters investigated outside.

In the second round, Team Shapeshifters investigated inside the apartment while Team Eager Ghosthunters investigated outside. Team Shapeshifters captured a full-sentence EVP and an EVP that says, “Richardson.”

Team Eager Ghosthunters captured the following words on the Spirit Box that were intelligent answers to direct questions. The answers were: “Yes,” “Resonate,” and “Show You.”

Pelenta captured a Class A EVP that said, “Hello.”

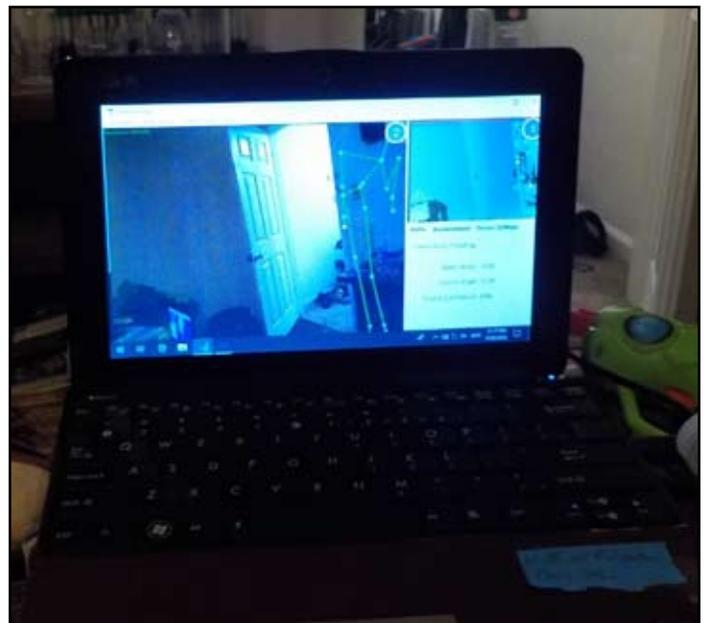
Deanna and I went into the bedroom and captured very minor EVPs. You could hear a conversation, but the words were unintelligible. Deanna saw a little boy run across the living room floor.

Pelenta captured the sounds of footsteps running across the living room floor, validating Deanna’s claim of seeing a little boy.

In my peripheral vision, I saw a shadow in the bedroom. I snapped a photo and captured a shadow figure. In the next photo, the shadow figure was gone.

Final Briefing

We concluded that with the EVPs and personal experiences, the location is truly haunted. Mr. S says that when he was initially cursed, it felt like he was being bricked up from his feet to his head. Mr. S started hearing voices. Deanna conducted a metaphysical cleansing, and I conducted a Roman Catholic house blessing. ♦



The team captures a figure on the Kinect device during the investigation.

'Trinity Series: Ebony Book 1'

By J. Thompson

Q&A by Michelle M. Pillow, MichellePillow.com

J. Thompson is an indie writer of fantasy fiction and paranormal romance. Jenn has always loved history, so she uses her imagination to tie in her love of history and fantasy. She weaves romance into old worlds and gives life to her mythical-inspired novels.

When she isn't writing, you will find Jenn making jewelry, cross-stitching, and doing paper crafts. Jenn is also a fitness lover and enjoys working out with her husband at the gym or at Caveman Training.

Jenn recently talked with *Paranormal Underground* about *Ebony Book 1* of her *Trinity Series*, which puts a new twist on vampire and urban classics.

* * * * *

Q: When world-building, did you base your story off of known myths throughout history?

Jenn: I think anyone that tries their hand at writing a vampire-inspired story always has to put their own twist to it. This was my way of tweaking it to suit my own style and throwing in my own little bit of strange as well.

Q: What myths or legends inspired you?

Jenn: I absolutely adore all myths and legends. They inspire nearly all of my ideas in some form or another. I was born in the '80s, so as such was happily brought up on the good stuff, like *Clash of the Titans*, *Legend*, *Willow*, and *Beastmaster*.

Q: Are you a paranormal investigator?

Jenn: I am not. But man would I love to get involved. I know there are loads of places near where I live that are well known for being paranormal hotspots. Even where I work has a possible ghost.

Q: What myths and legends have you investigated?

Jenn: As a writer should, I have looked into quite a few



When she isn't bent over her laptop with the crazy writer eyes, you will find Jenn making jewelry, cross-stitching, and doing paper crafts.

myths and legends. I have lots of books, especially on Greek and Norse myths. My first series is based on the Greek gods, and I am planning a series based on the Norse ones. I am currently doing a diploma in the reading of runes, so I thought it would be apt to get all the information I could.

Q: Do you have any paranormal theories?

Jenn: I am a very open-minded person. I believe in ghosts and angels, along with other beings of the supernatural. I am also a firm believer of you don't mess with what you don't understand.

Q: Why do you think readers, and society in general, are fascinated by the paranormal?

Jenn: I think it's a form of escapism. Sometimes everyday life, with its boring mundane tasks, can get repetitive. So the idea of something a little bit magical can make the world seem, even for a split second, more hopeful.

Q: Do you have any paranormal pet projects?

Jenn: I am trying to arrange to go on a ghost watch with a few friends at a local pub called The Leopard in Burslem, Stoke-on-Trent. It is said to be one of the most haunted places in the north of England.

Q: What are your favorite paranormal shows, movies, and books?

Jenn: I love watching *Ghost Adventures*. I think that was the first show that gave me goose-bumps and introduced me to a spirit box. *Paranormal Witness* and *Paranormal Survivor* are also favorites. Although I may have scared myself watching those on my own.

With regards to movies, I will admit if it's fantasy, I will watch it and will most likely own it. *Lord of the Rings*, *Twilight*, *Buffy the Vampire Slayer* (original movie), and *Dragon Slayer*. I love them all.

Please don't get me started on books! We will be here all night. I adore paranormal romance, and I devour the books these amazing and inspiring authors produce. My shelves are full of them, as I have an addiction to paperbacks from the awesome Lara Adrian all the way to Mina Carter, with so many in between.

Q: Do you believe in the supernatural?

Jenn: I believe wholeheartedly ... or else it was something else that flicked me on the forehead and not my mum not long after she died (my mum loved to play pranks).

Q: Have you ever had a paranormal experience?

Jenn: A few in my life. A ghost in a pub my mum worked at moved things in the backroom I was helping my mum in. My mum flicking my forehead when I was on my lunch break at the hospital, waking me from a doze moments before a doctor walked into the room I was in just in time to stop me getting a telling off. And the ghost at my current job; we constantly smell his cigarettes, and he turns lights on as well.

Q: What kind of paranormal creatures do you wish you could meet?

Jenn: Most definitely a dragon. I have loved dragons since I was a small child and was probably why I was obsessed with dinosaurs. LOL!

Q: What kind of paranormal creatures do you NEVER want to meet?

Jenn: To be honest, I'm game to meet any as long as I'm armed to the teeth.

Q: If given the chance, would you become a Valkyrie?

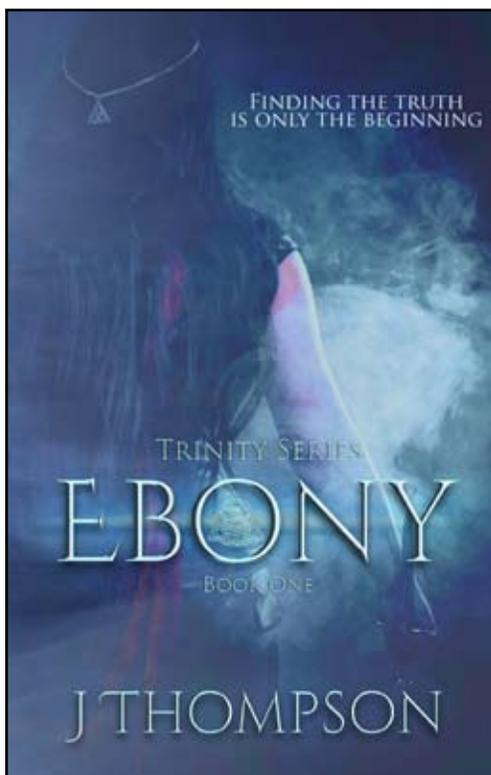
Jenn: Why the hell not ... a mythical being of legend, a female warrior that could kick serious ass and look fabulous doing it, as well as being immortal.

Q: How would you react if you came face to face with a ghost?

Jenn: Squeal maybe — depends on the situation. Are they a nice ghost? Do they want to chat? Or are they grumpy? Maybe they would be more scared of me. Mmmmmmm ... *goes off to think* ...

Q: What does the future hold for *Ebony* and the *Trinity Series*?

Jenn: I am currently writing *Ivory*, which is Book 2 in this series and will be followed by *Scarlett Book 3*. I also plan to write a novella about a certain imp.



“One sister born of pain. One sister born of blood. One sister born of death. Three sisters bound, Wiccan and nightwalker. Three sisters found to join an empire. A prophecy of three, so let it be.”

Q: If you could time slip to any year, when would you go?

Jenn: Ooooh, do I have to choose one? I would most definitely check out the ancient Egyptians and then the Norse and Greeks. Make sure the books are telling us the right stuff. But then I would have to pop back to London. I really, really wanna know who Jack the Ripper was.

Q: Would you jump into a fairy ring?

Jenn: Wouldn't you? It's an adventure, right? Bring sandwiches.



Jenn has looked into various myths and legends while researching her books, especially on Greek and Norse myths.

Q: How feasible is a zombie apocalypse?

Jenn: Very. I've got my plan sorted. I'm a cracking shot with a bow and arrow.

Q: Who would you rather face off with – a vampire, a werewolf, or a warlock??

Jenn: They all have their pros, but have they met me? I think you should be asking them who they would rather send to go up against me.

Q: If you could be anywhere while writing, where would you be and why?

Jenn: Constantine Bay, Cornwall. The gentle sound of the waves lapping the shore, the sea air. Altogether the atmosphere there is so peaceful and calming, it is the perfect place.

Q: When writing a new paranormal world, what details do you think are most important?

Jenn: I will admit that I am a bit of a punster instead of a full-blown plotter. I tend to get the basic overall idea for the story or series, which usually appears in the form of a strange dream. Once I have that down, I hash out the characters and get a feel for them. Then I build the world around them.

Q: If you could channel into another author's mind to find out how they wrote a particular book, who would it be?

Jenn: There are so many authors I look up to and admire. There is no way I could chose only one. Each one inspires me daily. The key thing to remember when writing is to embrace your own style and not try to be like someone else.

Q: Do you like creating an overall world and multi-book plotline better than individual stories?

Jenn: I love writing series and creating worlds; being in those worlds is so much fun. I just haven't been able to write a standalone and leave it. Even *Cupids Essence* will be turned into a series.

Q: What is your favorite ghost story?

Jenn: I discovered the amazing Cindy Miles recently, and her ghost stories are amazing. *Thirteen Chances* is definitely a favorite.

* * * * *

To learn more about J Thompson and her books, visit <https://www.amazon.com/J-Thompson/c/B00Y3NQBYY>. ♦

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